## **Instructions for Completing the Daily Infant Menu Records**

Daily Infant Menu Checklist: Forms must be complete with the following information.



Infants develop at different rates and have different nutritional needs. Due to this, all infants served under the Child and Adult Care Food Program (CACFP) must have separate daily menus for all infant meals and snacks claimed. CACFP Sponsors are required to use the **Oregon Department of Education Child Nutrition Programs (ODE CNP)-developed Daily Infant Menu Forms** unless a Sponsor-developed form has been reviewed and approved by ODE CNP. Use this checklist to see if Daily Infant Menu Records are being completed accurately. A sample Daily Infant Menu Record for the 6-11 month age group is available on the second page.

 <b>,</b>
□ Infant's Full Name
☐ Infant's Date of Birth
□ Menu Date (Month/Day/Year)
□ Type of Meal – write in Breakfast, Lunch, Supper, AM/PM Snack
☐ Actual food items served (ex. Infant oat cereal, pureed carrots)
□ Name of the formula (F) served or indicate breast milk (B) served
☐ Whether a formula/breast milk or solid food item was supplied by the parent/guardian – Indicate with 'PS' - *Note that
parents/guardians can only supply one component of each reimbursable meal/snack
☐ The box under the 'Complete Meal/Snack?' column is checked when a complete infant meal or snack has been served

The ODE CNP-developed Daily Infant Menu Records include space to document all required Infant Meal Pattern Components.

☐ All reimbursable meals and snacks are totaled and the 'Complete (Reimbursable) Meals' box at the bottom is filled in

- If using the ODE CNP-developed form, portion sizes do not need to be written on the menu record.
- In the **Daily Infant Menu Record for 0-5 Months**, there are additional spaces for optional solid foods that may be served for infants who are developmentally ready for solid foods prior to 6 months.
- In the Daily Infant Menu Record for 6-11 Months, infants who are developmentally ready for solid foods must be provided
  with all required components listed on the form. More information on developmental readiness can be found in the <u>USDA</u>
  Feeding Infants in the CACFP Guide.
- Infant Formulas must be iron-fortified. Infants requiring FDA Exempt Formulas must have a Medical Statement on file.
- Iron-fortified infant cereal (IFIC) is the only grain item allowed at meals (breakfast, lunch, or supper) for infants 6-11 months.
   If iron-fortified infant cereal is not desired, a Meat/Meat Alternate (M/MA) may be served for a complete meal. A mix of iron-fortified infant cereal and M/MA for infant meals may also be provided.
- Breads, crackers, and breakfast cereals meeting sugar limit requirements may be served at <a href="sanak only">sanak only</a> for infants 6-11 months in addition to iron-fortified infant cereal. For a list of allowable grain items and the ounce equivalent serving sizes, review the USDA Feeding Infants Using Ounce Equivalents for Grains Worksheet.

## Completing a Daily Infant Menu Record: 6-11 Month Sample Include the full date Month/Day/Year Write in the Meal or Snack that is served (Breakfast, Lunch, Supper, AM Snack, PM Snack) 10/1/202X Date: ant Menu Record for 6 - 11 Month Old Infants Meal 1: Breakfast Meal 2: Lunch Snack: PM Snack Bread Breast Infant Vea. or Breast Infant Vea. or Breast Vea. or Infant Milk or Cereal or Fruit Milk or Cereal or Fruit Milk or Crackers. Fruit omplet Meal? Information Formula M/MA\* 0-2 Tbsp Formula M/MA\* 0-2 Tbsp Formula Cereal\*\* 0-2 Tbsp 6-8 fl oz 0-4 Tbsp 6-8 fl oz 0-4 Tbsp 2-4 fl oz 0-1/2 oz eg Write in the Name: Baby A В□ ВП ВП full name for Infant Infant Sweet Cheerios | Peaches X $\nabla$ each infant. Birthdate: 3/1/202X Banana Oat Rice Potato Formula: Kirkland FΧ along with F 💢 F 🛛 Cereal Cereal birthdate and Name: Baby B ВП ВП Chicken ВП formula Infant Sweet Banana X PS name or PS PS Dinner Cheerios Peaches Birthdate: 1/21/202X Oat Potato FΧ F⊠ F 🛛 breast milk Formula: PS Cereal Similac Advance received Fill out the number Name: Baby C B ☒ Infa B ⊠ ВП of reimbursable Sweet PS X PS meals and snacks Banana Birthdate: 2/8/202X otato Formula: F $\square$ FΠ that were served lal Breastmilk This is an example of a **non-reimbursable meal**. Note that by counting the number of both the formula and meat/meat alternate (M/MA) were checkmarks in the parent/guardian supplied and listed with 'PS.' This This is an example of a reimbursable 'Complete exceeded the limit of one parent/guardian supplied item, meal. Note that 'PS' is written by the Meal/Snack?' making the meal non-reimbursable. The checkbox for formula checkbox indicating a columns 'Complete Meal?' is left blank since no meal can be claimed. parent/quardian supplied item was served. Actual food items are listed. FΠ $\mathsf{F} \sqcap$ Because all required components were served, the 'Complete Meal?' Complete (Reimbursable) Meals: #PM Snack: 2 #Breakfast: 3 #Lunch: 2 #Supper: #AM Snack: box can be checked off. To determine a ½ oz eg serving, check out the Grains This institution is an equal opportunity provider. Measuring Chart for Infants. 9/2021

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