Project Overview

KEEP is an evidence-based support and skill enhancement program for foster and kinship parents of children ages 4-12 (KEEP Standard) and teens (KEEP SAFE). The evidence base for the KEEP model is extensive, including six randomized controlled trials, multiple independent evaluations of national and international implementations across varied cultural contexts, and numerous publications in peer-reviewed journals. Research outcomes include decreased placement disruptions, decreased child behavior and emotional problems, decreased caregiver stress, and increased foster parent retention, among others.

Since receiving legislative funding to implement statewide, with a contract period that began in November of 2019, KEEP has contracted with eight provider agencies, including two culturally-specific providers to directly support positive outcomes for populations disproportionately represented in the Oregon Child Welfare System. Six months into this contract period, the KEEP service area has expanded from three Oregon counties to all 36, including access for families in remote rural areas via Tele-KEEP. In response to COVID-19, the KEEP program quickly shifted all in-person KEEP groups to an online platform with little to no interruption in services. Since the issuance of the Stay Home Executive Order, KEEP implementation has continued on schedule by expanding service areas, training provider agencies who are certified in KEEP Standard in the delivery of KEEP SAFE, and developing affinity groups for foster/kin parents of LGBTQ+ and gender non-conforming youth and for foster/kin parents who are deaf or hard of hearing.

The KEEP program continues to develop partnerships across all DHS districts, with Every Child Oregon and the Oregon Foster Parent Association, with tribal leadership and community stakeholders. Together we are building community and sustainability through the provision of positive and effective supports for foster and kinship parents.

Summary of KEEP services in Oregon

Contracted Providers:
- Options PDX – Delivers KEEP in Districts 2, 15, 16 and Columbia County
- Native American Youth and Family Services – Delivers KEEP to Native homes and homes with Native children statewide
- Centro Cultural – Delivers Spanish language KEEP groups in Districts 3, 15, 16
- Options Mid-Valley – Delivers KEEP in District 3
- Oregon Community Programs – Delivers KEEP in District 5
- Family Resource Center – Delivers KEEP in District 10
- Options Douglas – Delivers KEEP in District 6
- Family Nurturing Center – Delivers KEEP in District 8
- Oregon Social Learning Center Developments, Inc. -Delivers Tele-KEEP to all other districts
  - We are continuing to seek KEEP providers for Districts 4 and 7, but in the interim are providing KEEP via Tele-KEEP

Enrollment

As of April 30th, we have enrolled 537 foster and kinship families in KEEP. Of those, 326 were enrolled in the six-month contract period that began in November 2019.

Upcoming Trainings:
- 5-day training for new KEEP Group Leaders at Centro Cultural: May 25-29
- 3-day training in KEEP SAFE (adolescents) for Options PDX and Oregon Community Programs: May 26-28
- 5-day training for new KEEP Group Leaders at NAYA: June 10-12, 15-16

Certifications:

Certified Group leaders have successfully led three groups, demonstrate consistent model fidelity, and participate in coaching monthly rather than weekly.
- Three new certified KEEP Group Leaders at Options PDX

Updates on Culturally-Specific and Affinity KEEP Groups
- New Spanish-language Tele-KEEP group starting May 14th
- Currently recruiting families for a LGBTQIA+ affinity group with a tentative start date of May 26th
- NAYA to begin KEEP delivery for tribal foster/kin families in June
- Centro Cultural to begin KEEP delivery for Spanish-speaking foster/kin parents in June
- Currently putting systems in place for providing KEEP to foster/kin parents who are deaf or hard-of-hearing

Data Summaries of KEEP Activities Across the State

On the following pages we provide summaries of the key fidelity and tracking data collected in our FIDelity Observation system (FIDO) and used to monitor all groups.

Table 1 shows key details on KEEP groups completed from October 2019 (statewide start date) through May 5, 2020

Table 2 shows first and last session averages of parent-reported child problem behaviors and foster parent stress from completed groups

Table 3 shows key details on KEEP groups currently in progress

Table 4 shows the cumulative number of foster/kin parents served by county and total numbers of KEEP groups since the beginning of the project, January 2017.

KEEP Oregon Implementation Report

AS OF April 2020

	# Total Sessions	% Participant Attendance *	Graduated / Parents	% Graduation	% PDR/Obs Completed	Group Completed	Average Fidelity
		Goal: 80%		Goal: 80%	Goal: 80%		

COMPLETED GROUPS SINCE OCTOBER 2019

KEEP

	# Total Sessions	% Participant Attendance *	Graduated / Parents	% Graduation	% PDR/Obs Completed	Group Completed	Average Fidelity
OR-OPT-PDX-KEEP-0029-DON-SHA	16	96%	7 / 8	88%	98%	Apr 2020	🟩 Green
OR-OPT-PDX-KEEP-0032-KEN-PIC	16	88%	6 / 10	60%	95%	Apr 2020	🟨 Yellow
OR-OPT-PDX-KEEP-0034-AMM-SEV	16	96%	7 / 10	70%	100%	Feb 2020	🟩 Green
OR-OPT-PDX-KEEP-0036-AMM-SEV	16	100%	6 / 7	86%	84%	Apr 2020	🟩 Green
OR-OPT-PDX-KEEP-0038-AMM-SEV	16	97%	8 / 11	73%	93%	Apr 2020	🟩 Green
OR-OPT-PDX-KEEP-0039-SEV-SHA	16	96%	6 / 8	75%	100%	Apr 2020	🟩 Green
OR-OPT-PDX-KEEP-0045-DON-KEN	16	90%	3 / 6	50%	92%	Apr 2020	🟩 Green
OR-TeleKEEP-KEEP-0027-DAVIS	16	54%	1 / 13	8%	60%	Apr 2020	🟩 Green
OR-TeleKEEP-KEEP-0028-WARREN	16	100%	4 / 4	100%	98%	Feb 2020	🟩 Green
OR-TeleKEEP-KEEP-0037-DAVIS	16	95%	4 / 5	80%	30%	Apr 2020	🟩 Green
OR-TeleKEEP-KEEP-0044-HUG-RUP	16	83%	1 / 3	33%	81%	Apr 2020	🟩 Green
OR-TeleKEEP-KEEP-0048-WARREN	16	100%	8 / 10	80%	93%	Apr 2020	🟩 Green

KEEP SAFE

	# Total Sessions	% Participant Attendance *	Graduated / Parents	% Graduation	% PDR/Obs Completed	Group Completed	Average Fidelity
OR-TeleKEEP-KEEP SAFE-0008-WARREN	16	97%	4 / 6	67%	98%	Apr 2020	🟩 Green

PDR Averages

	First Session: Avg behaviors+stress	Last Session: Avg behaviors+stress
KEEP	17.5	14.3
KEEP SAFE	13.8	6.5

KEEP Oregon Implementation Report
AS OF April 2020

	# Total Sessions	% Participant Attendance *	Graduated / Parents	% Graduation	% PDR/Obs Completed	Group Completed	Average Fidelity
		Goal: 80%		Goal: 80%	Goal: 80%		

IN PROGRESS GROUPS

KEEP

	# Total Sessions	% Participant Attendance *	Graduated / Parents	% Graduation	% PDR/Obs Completed	Group Completed	Average Fidelity
OR-OCP-KEEP-0041-PET-PIN	16	91%	- / 9	-	95%	-	🟩 Green
OR-OCP-KEEP-0047-KEL-PET	14	85%	- / 7	-	100%	-	🟩 Green
OR-OCP-KEEP-0049-PET-PIN	9	71%	- / 6	-	100%	-	🟩 Green
OR-OCP-KEEP-0050-STA-WIL	8	100%	- / 4	-	100%	-	🟩 Green
OR-OPT MV-KEEP-0064-BRE-FAC	3	88%	- / 8	-	92%	-	🟨 Yellow
OR-OPT MV-KEEP-0067-BRI-SIN	3	73%	- / 7	-	100%	-	🟩 Green
OR-OPT MV-KEEP-0068-BRI-SIN	1	20%	- / 5	-	0%	-	🟨 Yellow
OR-OPT-DOUG-KEEP-0085-FOX-WIS	4	84%	- / 7	-	75%	-	🟩 Green
OR-OPT-DOUG-KEEP-0092-FOX-WIS	2	91%	- / 6	-	40%	-	🟨 Yellow
OR-OPT-PDX-KEEP-0046-DON-KEN	16	85%	- / 6	-	100%	-	🟩 Green
OR-OPT-PDX-KEEP-0069-HER-SHE	5	96%	- / 6	-	83%	-	🟨 Yellow
OR-OPT-PDX-KEEP-0070-KEN-LAC	5	76%	- / 6	-	83%	-	🟩 Green
OR-OPT-PDX-KEEP-0075-DUR-SEV	3	100%	- / 6	-	100%	-	🟩 Green
OR-OPT-PDX-KEEP-0079-PIC-SHA	5	91%	- / 5	-	75%	-	🟩 Green
OR-OPT-PDX-KEEP-0082-DUR-PIC	3	74%	- / 9	-	85%	-	🟩 Green
OR-OPT-PDX-KEEP-0083-DON-SHA	4	100%	- / 5	-	100%	-	🟩 Green
OR-OPT-PDX-KEEP-0090-DUR-SEV	2	90%	- / 5	-	100%	-	🟩 Green
OR-OPT-PDX-KEEP-0091-PIC-SEV	1	100%	- / 4	-	100%	-	🟨 Yellow
OR-OPT-PDX-KEEP-0095-KEN-LAC	1	100%	- / 4	-	75%	-	🟩 Green
OR-TeleKEEP-KEEP-0054-TALAMA	8	84%	- / 7	-	81%	-	🟩 Green
OR-TeleKEEP-KEEP-0057-HUG-WIL	8	64%	- / 7	-	67%	-	🟩 Green
OR-TeleKEEP-KEEP-0080-WILSON	5	100%	- / 9	-	73%	-	🟩 Green
OR-TeleKEEP-KEEP-0081-WILSON	4	97%	- / 9	-	100%	-	🟩 Green

OR-TeleKEEP-KEEP-0086-DAV-POM	4	83%	- / 12	-	61%	-	
OR-TeleKEEP-KEEP-0087-BIB-DAV	3	86%	- / 7	-	90%	-	
OR-TeleKEEP-KEEP-0088-ROG-WAR	2	93%	- / 7	-	85%	-	

KEEP SAFE

OR-TeleKEEP-KEEP SAFE-0009-ROSADO	6	73%	- / 10	-	43%	-	🟩 **Green**
OR-TeleKEEP-KEEP SAFE-0010-ROSADO	1	64%	- / 11	-	0%	-	

KEEP OREGON IMPLEMENATION REPORT

KEEP Groups & Parents Enrolled by County (Cumulative)

Number of Groups that are . . .

	Waiting to Start	In Progress	Completed	Total # Groups	# Parents Enrolled
Baker	0	4	1	5	6
Clackamas	0	4	13	17	74
Clatsop	0	3	0	3	4
Columbia	0	1	2	3	15
County Unknown	0	9	1	10	26
Deschutes	0	0	1	1	3
Douglas	0	2	0	2	9
Grant	0	2	3	5	7
Harney	0	5	0	5	7
Hood River	0	1	3	4	5
Lake	0	0	1	1	1
Lane	1	3	1	5	36
Lincoln	0	3	0	3	6
Malheur	0	6	3	9	22
Marion	0	3	0	3	20
Morrow	0	5	0	5	7
Multnomah	0	8	21	29	146
Polk	1	1	0	2	5
Tillamook	0	2	0	2	4
Umatilla	0	7	2	9	19
Union	0	5	4	9	17
Wallowa	0	0	3	3	7
Wasco	0	3	1	4	7
Washington	0	6	10	16	79
Wheeler	0	0	1	1	1
Yamhill	1	1	0	2	4
	2	**27**	**39**	**68**	**537**