

30 Minute Rest Break Examples

Example 1

DRIVER'S DAILY LOG
(One Calendar Day - 24 Hours)

I Certify these entries are true and

(Month)(Day)(Year) (Vehicle Miles Today) Vehicle Numbers / (Show Each Unit)

	MID-NIGHT	1	2	3	4	5	6	7	8	9	10	11	NOON	1	2	3	4	5	6	7	8	9	10	11	TOTAL HOURS
OFF DUTY	[Bar]												[Bar]												
SLEEPER BERTH	[Bar]												[Bar]												
DRIVING	[Bar]												[Bar]												
ON DUTY (NOT DRIVING)	[Bar]												[Bar]												

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(One Calendar Day - 24 Hours)

I Certify these entries are true and

(Month)(Day)(Year) (Vehicle Miles Today) Vehicle Numbers / (Show Each Unit)

	Mid	1	2	3	4	5	6	7	8	9	10	11	NOON	1	2	3	4	5	6	7	8	9	10	11	12	Hours
Off Duty	[Bar]												[Bar]													
Sleeper	[Bar]												[Bar]													
Driving	[Bar]												[Bar]													
On Duty (Not Driving)	[Bar]												[Bar]													

Example 2

DRIVER'S DAILY LOG
(One Calendar Day - 24 Hours)

I Certify these entries are true and

(Month)(Day)(Year) (Vehicle Miles Today) Vehicle Numbers / (Show Each Unit)

	MID-NIGHT	1	2	3	4	5	6	7	8	9	10	11	NOON	1	2	3	4	5	6	7	8	9	10	11	TOTAL HOURS
OFF DUTY	[Bar]												[Bar]												
SLEEPER BERTH	[Bar]												[Bar]												
DRIVING	[Bar]												[Bar]												
ON DUTY (NOT DRIVING)	[Bar]												[Bar]												

DRIVER'S DAILY LOG
(One Calendar Day - 24 Hours)

I Certify these entries are true and

(Month)(Day)(Year) (Vehicle Miles Today) Vehicle Numbers / (Show Each Unit)

	Mid	1	2	3	4	5	6	7	8	9	10	11	NOON	1	2	3	4	5	6	7	8	9	10	11	12	Hours
Off Duty	[Bar]												[Bar]													
Sleeper	[Bar]												[Bar]													
Driving	[Bar]												[Bar]													
On Duty (Not Driving)	[Bar]												[Bar]													