



## Sustainable rate of growth

Bending the cost curve is a vital component of the coordinated care model – and one that strengthens all other principles. Preventing a cost shift to employers, individuals, and families, and reducing inappropriate use and costs through a fixed-rate-of-growth approach is the foundation to health care transformation.

### Achieving a sustainable rate of growth results from:

- Population-based contracts that include risk-adjusted annual increases in the total cost of care for services reimbursed.
- Provider contracts that include provisions that agree on rates and quality incentive payments for each contract year.

### *What it means for*

#### **The health plan**

- ✓ A better understanding of costs and how they'll grow over time.

#### **The purchaser of health benefits**

- ✓ A better understanding of health plan costs, how they'll grow over time, and the ability to budget over long periods of time.

#### **Your employees**

- ✓ Costs savings, and more affordable premiums, co-pays and co-insurance.

