

Commonly used acronyms at Oregon State Hospital

This list of acronyms is designed to help patients navigate through their experience at Oregon State Hospital. Community providers also use many of these terms.

370	ORS 161.370 Determination of fitness to aid and assist in one's own defense (classification for admission)
426	ORS 426 Persons with mental illness; dangerous persons
AA	Alcoholics Anonymous
ACT	Assertive Community Treatment <i>or</i> Acceptance and Commitment Therapy
ADA	Americans with Disabilities Act
ADL	Activities of Daily Living
ACE	Adverse Childhood Experience
AFH	Adult Foster Home (no more than five residents)
APD	Aging and People with Disabilities
BHS	Behavioral Health Specialist
BMI	Body Mass Index
BSP	Behavior Support Plan
Bx	Behavior
CAT	Clinical Advisory Team
CBT	Cognitive Behavioral Therapy
CC	Civil Commitment (classification for admission)
CCO	Coordinated Care Organization
CFS	Consumer and Family Services
CI	Continuous Improvement (form to submit improvement ideas)
CM	Case Monitor/Manager (Salem only)
CMS	Center for Medicaid and Medicare Services
CNA	Certified Nursing Assistant
CPS	Collaborative Problem Solving
CR	Conditional Release
DASH (Diet)	Dietary Approaches to Stop Hypertension
DBT	Dialectical Behavior Therapy
DDA	Dual Diagnosis Anonymous
DHS	Department of Human Services
DNR	Do not resuscitate
DNS	Director of Nursing Services

DOH	Disclosure of Hospitalization
DOJ	Department of Justice (federal)
DRO	Disability Rights Oregon
DSM-5	Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition
Dx	Diagnosis
EBP	Evidence-Based Practice
ECT	Electroconvulsive Therapy
EVS	Environmental Services
FES	Forensic Evaluation Services
FNS	Food and Nutrition Services
GEI	Guilty Except for Insanity (classification for admission)
HIPAA	Health Information Portability and Accountability Act
Hx	History
IDT	Interdisciplinary Treatment Team
JC	OSH Junction City Campus
JD	Jurisdictional Discharge
LAT	Leadership Action Team (Junction City Campus only)
LPN	License Practical Nurse
MHST	Mental Health Security Technician
MHT2	Mental Health Therapist 2
MHT	Mental Health Therapist
MHTC	Mental Health Therapy Coordinator
MHTT	Mental Health Therapy Tech
MT	Music Therapist
MTA	Music Therapist Assistant
NA	Narcotics Anonymous
NAMI	National Alliance on Mental Illness
NOC	Night (Nocturnal) Shift
NM	Nurse Manager
OARs	Oregon Administrative Rules (state regulations)
OCA	Office of Consumer Activities
OCAC	Oregon Consumer Advisory Council
OCR	Office of Civil Rights (federal)
ODOJ	Oregon Department of Justice
OHP	Oregon Health Plan
OHSU	Oregon Health and Science University
OHA	Oregon Health Authority

ORS	Oregon Revised Statutes (Oregon laws)
OSH	Oregon State Hospital
OSHA	Occupational Safety Health Administration
OSP	Oregon State Police <i>or</i> Oregon State Penitentiary
OT	Occupational Therapy <i>or</i> Overtime
OTIS	Office of Training Investigation and Safety (Formerly OAAPI)
PAC	Peer Advisory Council
PACF	PAC Facilitator
PCP	Primary Care Provider
PD	Personality Disorder
PDS	Peer-Delivered Services
PET	Program Executive Team
PLURAL	Peace Love Unity Respect Autonomy Liberty (LGBTQI+)
PMHNP	Psychiatric Mental Health Nurse Practitioner (psychiatric medication and treatment provider)
PO	Medication taken orally (by mouth)
PRN	As Needed (often medication)
PNM	Program Nurse Manager
PRS	Peer Recovery Services (department); Peer Recovery Specialist (staff)
PSRB	Psychiatric Security Review Board
PSS	Peer Support Specialist
PT	Physical Therapy
PWS	Peer Wellness Specialist
QMHA	Qualified Mental Health Associate
QMHP	Qualified Mental Health Professional
REACH	Recovery Environments Actively Creating Hope (program-specific incentive system)
RI	Recovery International
ROI	Release of Information
RPI	Rapid Process Improvement
RR	Risk Review
RSD	Rehabilitation Services Department
RTC	Residential Treatment Center
RTF	Residential Treatment Facility (six to 16 residents)
RTH	Residential Treatment Home (no more than five residents)
SRTF	Secure Residential Treatment Facility (usually community based; also includes placements within OSH)

SSA	Social Security Administration
SSDI	Social Security Disability Income
SSI	Social Security Income
START	Short Term Assessment of Risk and Treatability
STR	Secure Transport Restraint
SW	Social Worker
TB	Tuberculosis
TCP	Treatment Care Plan
TCPS	Treatment Care Plan Specialist
TIA	Trauma-Informed Approach
TIC	Trauma-Informed Care
TIO	Trauma-Informed Oregon (organization)
TJC	The Joint Commission
TOTO	Theatre of the Oppressed
TSI	Thinking Skills Inventory
Tx	Treatment
VOC	Vocational Support (inside and outside OSH)
VRA	Violence Risk Assessment