# **Mortality**

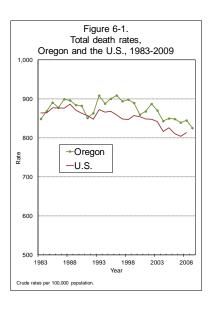
As Oregon's population both ages and increases, the annual number of deaths trends upwards. However, during 2009, the number of deaths decreased to 31,547, down from 32,020. The crude death rate decreased from 844.6 per 100,000 population in 2008 to 825.1 in 2009. [Figure 6-1, Table 6-3]. (Unless otherwise specified, references to death rates mean crude death rates; see the Appendix for further discussion of crude and age-adjusted rates.) The age-adjusted death rate decreased from 772.8 to 739.7. Overall, the death rate has seen a somewhat uneven but statistically significant long-term downward trend since 1990.<sup>2</sup>

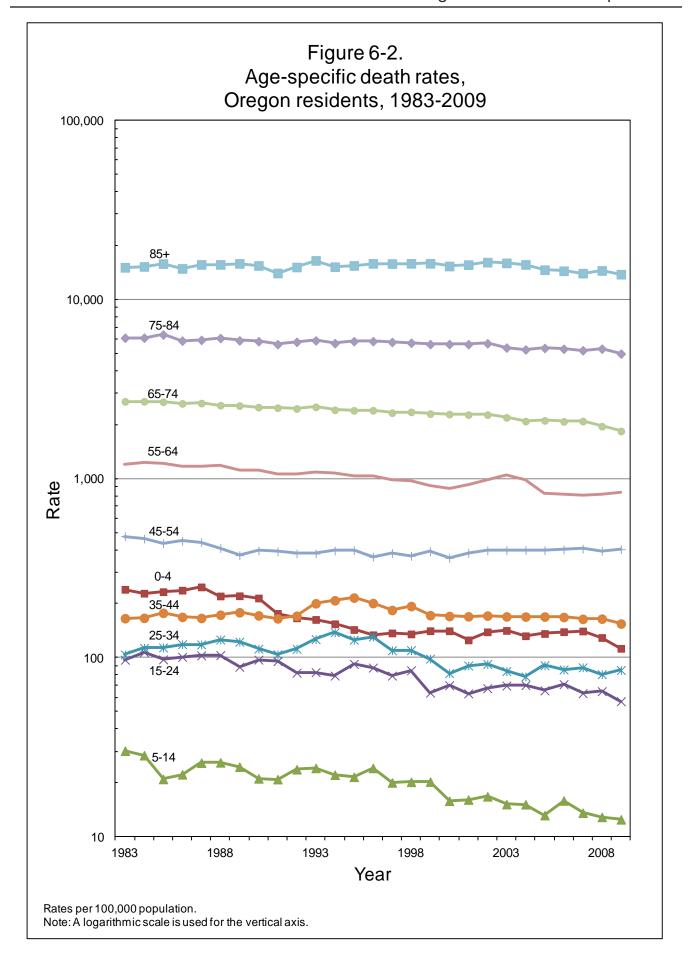
In 2008 (the most recent year for which final U.S. data are available),<sup>3</sup> Oregon's age-adjusted death rate was 1.3 percent lower than the U.S. rate and ranked 30th among the states and District of Columbia. [Table 6-54]. During the past 25 years, the greatest difference between the U.S. and Oregon rates occurred in 1986 when Oregon's rate was 7.3 percent lower than the U.S. rate (907.4 versus 978.4) and 38th among the states and District of Columbia.

Oregon's age-adjusted cause-specific death rates ranked among the top 10 highest rates in the states and District of Columbia for five causes: Parkinson's disease (2nd), Amyotrophic Lateral Sclerosis (3rd), Viral Hepatitis (4th), alcohol-induced deaths (5th), and hypertension (7th). At the same time, Oregon was among the states with the 10 lowest rates for seven causes, excluding states with unreliable data for each cause: HIV/AIDS (4th lowest), influenza and pneumonia (4th lowest), septicemia (5th lowest), perinatal conditions (6th lowest), heart disease (7th lowest), nephritis/ nephrosis (7th lowest), and homicide (8th lowest).

# Life expectancy

The longest living Oregonian ever recorded was a Siberianborn man who died in 1999 at 117 years of age. Most of the state's residents have far shorter lives, but the long-term trend is for an increasing life expectancy. Since 1960, the life expectancy of Oregonians has increased from 70.9 years at birth to 79.4 in 2009. The age adjusted death rate is at one of its lowest levels.<sup>2</sup>





Year     Oregon     United States       Total     Male     Female     Total     Male     Fen       1960     70.9     N.A.     N.A.     69.7     66.6     73	Table A - Life expectancy, Oregon and the United States, 1960-2009							
Total Male Female Total Male Fen	United States							
<b>1960</b> 70.9 N.A. N.A. 69.7 66.6 73	ale							
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	.1							
<b>1970</b> 72.1 68.4 76.2 70.8 67.1 74	.7							
<b>1980</b> 75.0 71.4 78.8 73.7 70.0 77	.4							
<b>1990</b> 76.7 73.3 80.1 75.4 71.8 78	.8							
<b>2000</b> 78.0 75.6 80.4 76.8 74.1 79	.3							
<b>2005</b> 78.5 76.3 80.7 77.4 74.9 79	.9							
<b>2009</b> 79.4 77.2 81.6 78.2 75.7 80	.6							

US data sources: National Center for Health Statistics. Hyattsville, MD. 2011. Kochanek KD, Xu J, Murphy SL, Minino AM, Hsiang-Ching K. Deaths: Preliminary Data for 2009. National Vital Statistics Reports, Vol 59 no 4. (http://www.cdc.gov/nchs/data/nvsr/nvsr59/nvsr59\_04.pdf)

Life expectancy is a theoretical construct representing the average number of years a group of infants will live if they were to experience, throughout their lives, the age-specific death rates present at the time of their birth. It is affected by such factors as the environment, the economy, health behaviors, and changing medical technology.

Oregon's life expectancy increased between 2008 and 2009, from 78.9 to 79.4 years, a record high. Life expectancy increased among females between 2008 and 2009 (from 81.2 to 81.6) and also increased for males (from 76.6 to 77.2).

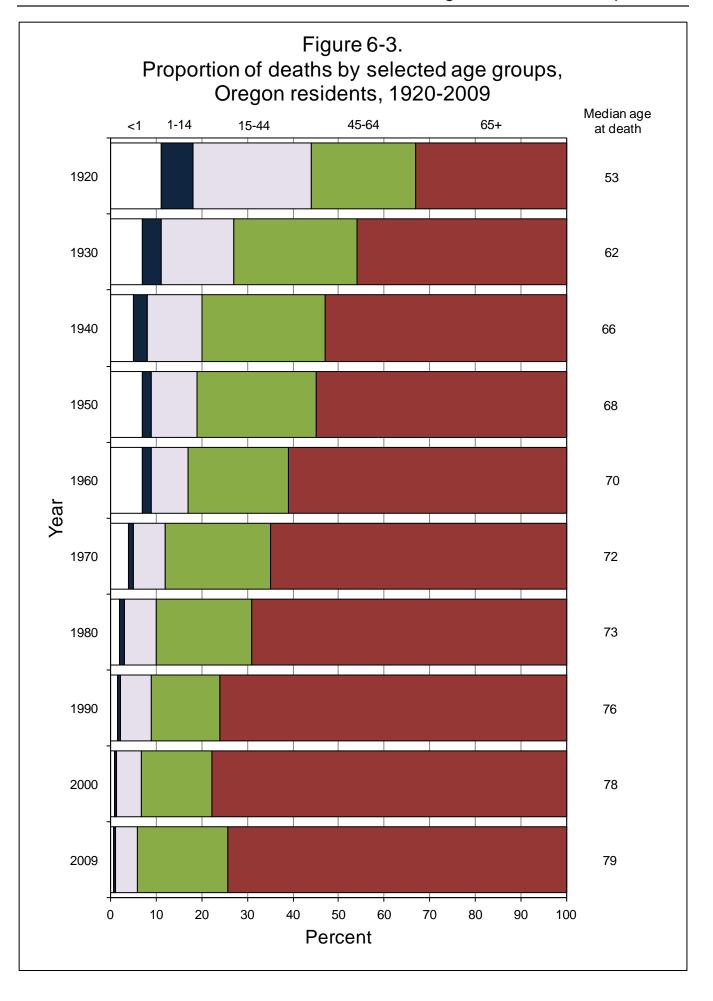
Life expectancy varied by six years among Oregon's counties, using a five-year average (2005 through 2009). [Table 6-56]. The eight counties where life expectancy was statistically significantly longer than the state average in 2005-2009 (78.8) were: Benton (82.1), Wallowa (81.2), Washington (81.2), Deschutes (81.1), Hood River (80.3), Polk (80.2), Crook (80.1), and Clackamas (79.2). The 15 counties with significantly shorter life expectancy were: Klamath (75.7), Jefferson (75.8), Coos (76.5), Josephine (76.8), Baker (76.9), Douglas (77.0), Lake (77.1), Linn (77.3), Curry (77.4), Wasco (77.5), Lincoln (77.6), Columbia (77.9), Yamhill (78.2), Multnomah (78.2) and Marion (78.3).

# **Demographic characteristics**

### Gender

Between 2008 and 2009, mortality rates for both males and females decreased, resulting in a drop in Oregon's crude rate. [Table 6-1]. The male rate decreased 2.4 percent

The oldest Oregonian to die in 2009 was a 110-year-old female.



(849.2 per 100,000 population in 2008 compared to 828.4 in 2009), and the female rate decreased 2.2 percent (840.0 compared to 821.8).

Between 2000 and 2006, the crude death rate for females was higher than the male rate. This was a reversal of what was seen in the 20th century, where male rates were higher than female rates. [Table 6-1]. Since 2007, the crude male rate has again been higher than the female rate. Any increase in female crude death rates vis-à-vis male rates seen over the past decade is largely due to the changing age distribution within these two groups, rather than a decline in the health status of the former. Proportionately, there are simply larger numbers of elderly women than men, and the elderly, even under the best of circumstances, are more likely to die than their younger counterparts. Despite recent fluctuations in crude death rates, the age adjusted death rates for males have consistently been higher than those for females. In the 2007-2009 time period, the male ageadjusted death rate was 35.5 percent higher than the female rate, 886.6 compared to 654.4. [Table 6-47m and Table 6-47f]. (See Appendix B for further information about age-specific and age-adjusted death rates.)

# Age

Compared with rates in 2000, age-specific death rates have declined for five of the six age groups shown in Table 6-1, the exception being Oregonians ages 45 through 64 where the rate has increased. Age-specific death rates fell by 10.0 percent among Oregonians ages 5-44, with the greatest decline (21.4 percent) seen among those ages 5-14.

Table 6-1 shows the disparity in age-specific death rates by gender: male rates are higher than female rates across most age categories. Males aged 5-14 had a slightly lower rate than females, 12.2 to 12.8 per 100,000, but the difference was not statistically significant. The age-specific death rate for males in the 15-24 year age group is 2.3 times higher than the rate for women in the same age group, 79.2 per 100,000 versus 33.8, a statistically significant difference. For both sexes combined, the median age at death remained unchanged in 2009 at 79 years. The male and female median ages at death also remained unchanged at 75 years and 82 years, respectively.

Table B - Age-adjusted death rates by county of residence, 2009					
County	RATE				
Oregon Total	739.7				
Baker	771.5				
Benton**	603.9				
Clackamas	770.3				
Clatsop	751.1				
Columbia	803.7				
Coos*	863.0				
Crook**	611.7				
Curry	768.7				
Deschutes**	615.4				
Douglas*	811.0				
Gilliam	885.2				
Grant	557.9				
Harney	754.7				
Hood River	687.1				
Jackson	737.1				
Jefferson*	924.3				
Josephine*	833.4				
Klamath*	947.0				
Lake	738.3				
Lane	733.0				
Lincoln	775.7				
Linn*	851.2				
Malheur	712.0				
Marion*	794.5				
Morrow	886.4				
Multnomah	754.9				
Polk	731.0				
Sherman	580.5				
Tillamook	654.8				
Umatilla	775.6				
Union*	849.0				
Wallowa	558.1				
Wasco	841.7				
Washington**	604.3				
Wheeler	600.1				
Yamhill	771.1				

Rates per 100,000 population.

- \* Statistically significantly higher than the state rate.
- \*\* Statistically significantly lower than the state rate.

### **County of residence**

In 2009, the state age-adjusted death rate was 739.7 per 100,000 population. Eight counties had statistically higher age-adjusted rates; while four counties were significantly lower. [Table B]. Simply residing in a particular county will not necessarily increase or reduce one's chance of dying in a given year. Mortality is a consequence of many factors, including: availability and quality of medical care, environmental exposure, smoking, and other personal health behaviors, socioeconomic status, and heredity. Elevated age-adjusted death rates do not necessarily indicate that residing within one county will cause a reduction in longevity. For example, persons with chronic debilitating disease may move, in disproportionate numbers, to an area with lower cost of living or to an area with medical facilities that can provide specialized care.

# Hispanic ethnicity and race

Beginning in 2006, the State of Oregon changed its method of collecting race and Hispanic ethnicity information. Previously the informant on the death certificate could report only one race for the decedent. Since most informants are immediate family members (parents, spouse, or children of the decedent), the assumption is the informant would know best which race or ethnicity the decedent would have reported. Now the informant on the death certificate can report multiple race categories for the decedent.

There are three Hispanic ethnicity choices based on countries of origin: Mexican, Cuban, and Puerto Rican. A person of Hispanic ethnicity may belong to any race category. There are six major race categories: White, Black or African American, American Indian/ Alaska Native, Asian, Hawaiian or Pacific Islander, and Other Specified.

The data collected for the Asian categories allows for differentiation by Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, and other Asian. Among Pacific Islanders the data collected allows for differentiation among Hawaiian, Guamanian, Samoan and other Pacific Islander. However, the counts in these more specific race categories are too small for reliable statistical reporting.

Most (93.8 percent) decedents are still reported as Non-Hispanic White only. Only 111 decedents had more than one race category indicated on the death certificate. [Table

6-9]. A majority of those with multiple race categories (91.9 percent) identified, in part, as White (in combination with one or two other races), and 72.1 percent of those selecting multiple race categories identified, in part, as American Indian. Allowing multiple race selections raises the mortality counts and rates for all race categories. For instance, when looking at single mention race categories, the count of American Indian decedents in 2009 was 286. [Table 6-9]. This count increased by 28.0 percent to 366 when also including multiple race decedents identifying in part as American Indian, in combination with other races. [Table 6-10]

Other databases, such as birth, youth surveys, and adult telephone surveys, are now also collecting multiple race categories. The younger participants in those databases more frequently report multiple races.

# Leading causes of death<sup>4,5</sup>

### **Overview**

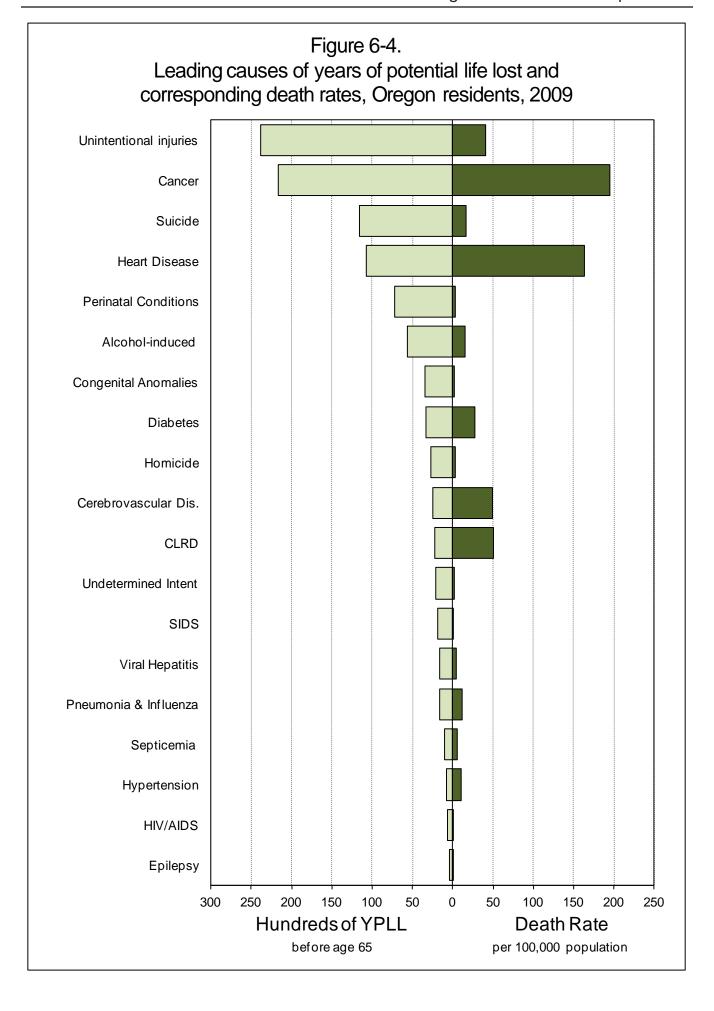
During the 20th century, with the notable exception of the great influenza pandemic of 1918-19, heart disease was the leading cause of death among Oregonians. The 21st century, however, has been marked by the emergence of cancer as the leading cause of death. In 2001, for the first time, more Oregonians died from malignant neoplasms than diseases of the heart. During 2009, 7,470 Oregonians died from cancer while 6,226 died from heart disease.

Together, malignant neoplasms and heart disease accounted for 43.4 percent of all deaths during 2009. Although the numbers of deaths resulting from these causes were similar, malignant neoplasms resulted in the loss of twice as many years of potential life as heart disease, a reflection of the younger ages of cancer's victims. [Figure 6-4 and Table 6-14]. The apparent increasing risk of cancer vis-à-vis heart disease during the 21st century is not the result of an increasing cancer death rate, but rather a declining heart disease death rate. In fact, the malignant neoplasm death rate has trended downwards in the past decade, but the heart disease death rate has fallen more rapidly.

Causes of death varied by age group. Among infants, perinatal conditions were most common, but unintentional injuries ranked first for Oregonians ages 1 through 44. From

Table C - Two or more races indicated for decedents, 2009				
Race Group*	Percent			
White	<1			
African American	3			
American Indian	22			
Asian <sup>1</sup>	5			
Hawaiian & Pac. Isl. <sup>2</sup>	20			

- Decedents of Hispanic ethnicity may belong to any race.
- <sup>1</sup> Includes Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, and other Asian
- <sup>2</sup> Includes Native Hawaiian, Guamanian, Samoan, and other Pacific Islander.



ages 45 through 84, cancer was the leading cause of death. Among residents 85 or older heart disease ranked first. [Table 6-4].

# Years of potential life lost

Mortality rates alone do not show the full impact upon society of certain causes of death. The deaths of young people are a greater "cost" to society than the deaths of older people in terms of years of potential life lost (YPLL). The YPLL yardstick quantifies premature mortality occurring in younger age groups by measuring the number of years between age at death and a set standard age. With the standard set at 65 years, for example, a death at age 21 results in 44 years lost. The numbers of YPLL for all decedents are then totaled. As shown in Figure 6-4, the disparity between death rates and the years of potential life lost. In all references to YPLL in this report, the standard is 65 years, unless otherwise noted. Use of YPLL measures in Figure 6-4 highlights the impact of death due to unintentional injuries. Injuries surpass any other cause for the potential years of life lost as younger people are more likely to die from injuries. [Tables 6-13 and 6-14].

#### Cancer

During 2009, cancer was the leading cause of death among Oregonians, claiming the lives of 7,470 Oregonians. Malignant neoplasms were also a contributing factor, but not the underlying cause, in another 932 deaths. For many decades the cancer crude death rate increased inexorably, but in the early 1990s it hit a plateau; since then, the rate has trended downward. In 2009, the crude death rate declined to 195.4 per 100,000 population compared to 197.4 in 2008. [Table 6-3]. Age-adjusted death rates trended lower as well, falling from 182.8 in 2008 to 179.8 in 2009. [Table 6-46t].

Malignant neoplasms were the leading cause of death for both sexes, but the difference in death rates between males and females has narrowed greatly during the past two decades. During 2009, the crude death rate for cancer was 12.3 percent higher for males than females, 206.7 versus 184.1. [Table 6-2]. Nonetheless, the disparity was far greater when age-adjusted death rates were compared, 210.3 versus 152.4, a 38.0 percent difference. [Table 6-46m and Table 6-46f].

Cancer was one of the top five leading causes of death among Oregonians of all ages, except infants, and was the leading

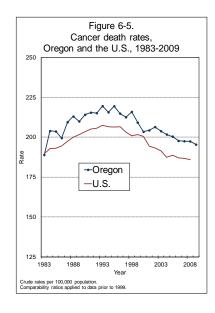


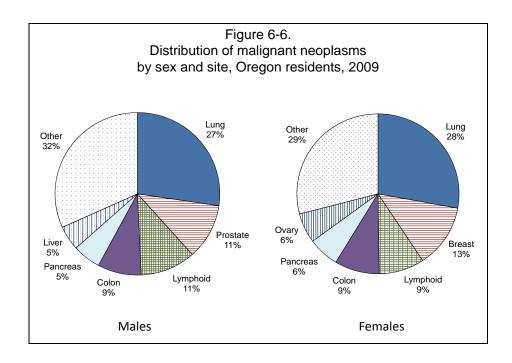
Table D - Lung cancer deaths - ratio of males to females					
1965	5.5				
1975	3.6				
1985	2.0				
1995	1.2				
2005	1.2				
2009	1.1				

Lung cancer claimed the lives of over twice as many women as did breast cancer. cause of death for residents ages 45 through 84. The median age at death decreased from 74 years in 2008 to 73 years in 2009. Malignant neoplasms were the second leading cause of premature death, following unintentional injuries, and accounted for 21,673 years of potential life lost.

During the three-year period 2007-2009, four Oregon counties had age-adjusted rates statistically significantly higher than the state rate (181.3): Coos (217.6), Curry (209.9), Linn (203.6), and Douglas (198.5). Three counties recorded statistically significantly lower rates: Deschutes (147.7), Washington (157.2), and Benton (160.6).

In the past, Oregon's age-adjusted cancer death rate was typically a little lower than the U.S. rate. However, since 2001, Oregon's rate has been slightly higher. In 2008, the rate was 1.1 percent higher than that of the nation and ranked 29th among the states and District of Columbia.<sup>3</sup> [Table 6-54].

The most common fatal cancer for both sexes is lung cancer, a cause that would be rare in the absence of smoking. [Figure 6-6]. The increasing prevalence of smoking drove the decades-long increase in the overall malignant neoplasm death rate, especially among women. In 1960, there were 5.7 male deaths due to lung cancer for every female death, but by 2009 there were 1.1 male deaths for every female death. Although breast cancer is more often in the public eye, lung cancer claimed the lives of 2.2 times as many women as did breast cancer: 984 versus 453, respectively.



#### **Heart disease**

Despite brief occasional breaks in the long-term downward trend in its crude death rate, heart disease was the leading cause of death in Oregon during most of the 20th century. In 2001, for the first time, more deaths (five) resulted from cancer than from heart disease. During 2009, heart disease was the second leading cause of death and 6,226 Oregonians succumbed to heart disease, 1,244 fewer than from malignant neoplasms. The crude death rate fell from 171.9 in 2008 to 162.8 in 2009, while the age-adjusted death rate fell from 154.5 per 100,000 population to 143.0, a record low. By comparison, the age-adjusted death rate was 264.2 in 1990, 84.8 percent higher than the 2009 rate. Heart disease was listed on 5,544 death certificates as a contributing factor in the decedent's death, but not the underlying cause.

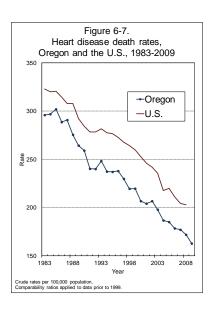
The 2009 crude death rate for heart disease was 11.9 percent higher for males than females (172.0 versus 153.7). The 2009 age-adjusted death rate for heart disease was 61.1 percent higher for males than females (180.8 versus 112.2). [Table 6-46m and Table 6-46f].

Heart disease was the leading cause of death for Oregonians age 85 or older and one of the top-five causes among Oregonians ages 15 through 84. It was the second leading cause of death for residents ages 45-84. [Table 6-4]. The median age at death remained unchanged at 83 years in 2009. [Table 6-15]. The relatively older ages at which Oregonians died from heart disease suppress this cause's rank among the causes of premature death; 10,690 years of potential life were lost, making it the fourth leading cause of premature death following unintentional injuries, cancer and suicide. [Table 6-13].

The age-adjusted death rates for nine Oregon counties during 2007-2009 were statistically significantly higher than the state rate (152.2): Malheur (200.3), Curry (196.9), Douglas (187.9), Wasco (184.6), Linn (183.1), Klamath (175.6) Josephine (173.9), Coos (172.3), and Marion (164.0). Statistically significantly lower rates were recorded for five counties: Crook (117.2), Benton (125.8), Washington (126.0), Deschutes (129.0), and Lane (136.1).

In 2008, the state's age-adjusted death rate was 19.8 percent lower than the U.S. rate, and Oregon ranked

The heart disease death rate continues to fall.



Oregon's 2008 ageadjusted heart disease death rate was the 7th lowest nationally. 45th (7th lowest) among the states, including the District of Columbia.<sup>3</sup> [Table 6-54]. Oregon's heart disease death rate has long been lower than the U.S. rate; however, the U.S. has seen a striking downward trend in the overall age-adjusted heart disease death rate. In 2006 the U.S. age-adjusted rate was 200.2 compared to 186.5 in 2008. [Table 6-57].

## **Chronic lower respiratory disease**

Chronic lower respiratory disease (CLRD) crude death rates increased steadily for several decades, reaching a record high of 54.9 per 100,000 population in 1996. Increased smoking, particularly by women, drove the rising death rate. CLRD is now the third leading cause of death, with slightly more deaths than Cerebrovascular Disease. Since 2000, the rate has varied little, ranging between 49.3 and 52.6. [Table 6-3, Figure 6-8]. The crude death rate for CLRD decreased from 51.4 per 100,000 in 2008 to 50.6 in 2009. The ageadjusted death rate decreased from 48.2 to 46.4 [Table 6-46t]. CLRD was the underlying cause of death for 1,935 of Oregon's residents, but it contributed to an even larger number of deaths where it was not the underlying cause: 1,997.

In 2009, more females than males died from CLRD (1,031 versus 904), and the crude death rate was also higher for females than for males (53.8 versus 47.4). However, the age adjusted death rate was higher for males: 51.0 per 100,000 population versus 43.6 for females. [Tables 6-46m and 6-46f]. For most of the 20th century, far more males succumbed to CLRD than did females, but since 1999 this pattern has generally been reversed (with the exceptions of 2002 and 2008). The increasing number of women dying from CLRD is a reflection of the age distribution of Oregon's population. Even in years where more females than males died of CLRD, the age-adjusted death rates were still higher for males than females.

CLRD is the third leading cause of death for Oregonians ages 55 to 84, and the age group with the largest number of CLRD deaths (671) was residents ages 75 to 84. [Table 6-4]. Although the third most common cause of death overall, chronic lower respiratory disease ranked 12th in the number of years of potential life lost (2,267). The median age at death was 78, unchanged from the previous year.



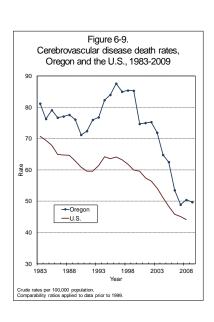
During the three-year period 2007-2009, seven counties had age-adjusted death rates statistically significantly higher than the state's (47.3): Lake (74.7), Klamath (63.0), Umatilla (62.5), Lincoln (62.0), Coos (60.0), Linn (57.3), and Douglas (57.0). Four counties had significantly lower rates: Benton (31.3), Washington (32.8), Malheur (32.9) and Polk (35.0).

Oregon's age-adjusted CLRD death rate has long been higher than that of the nation, but the disparity has abated somewhat in recent years. The greatest disparity occurred in 1987 when Oregon's rate was 26.8 percent higher and ranked 11th among the states, including the District of Columbia. During 2008, the state's rate was 5.9 percent higher than the nation's rate and ranked 28th.<sup>3</sup> [Table 6-54]. Chronic lower respiratory disease includes a variety of conditions including emphysema, COPD, bronchitis, and asthma.

#### Cerebrovascular disease

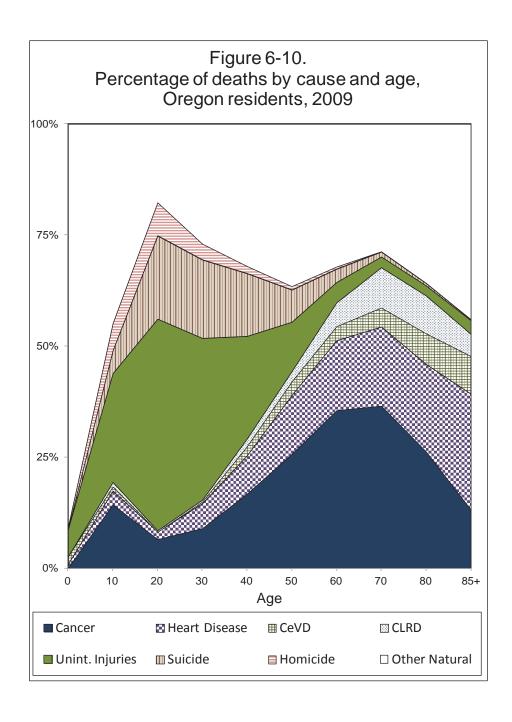
Accounting for 6.0 percent of all deaths, cerebrovascular disease was the fourth leading cause of mortality among Oregonians. The number of deaths attributed to cerebrovascular disease fell from 1,909 in 2008 to 1,900 in 2009, and the number of deaths where this disease was a contributing factor fell from 1,442 to 1,356. For the past decade, the crude death rate for this cause has trended downward, and in 2009 fell to a record low of 48.9 per 100,000 population. The crude death rate was 49.7 in 2009, down from 50.4 in 2008. [Figure 6-9]. The age-adjusted death rate also decreased slightly, from 45.6 in 2008 to 44.0 in 2009. [Table 6-46t].

For trend analysis, researchers should be aware of a coding change that occurred between 2004 and 2005 when the National Center for Health Statistics altered the cause of death classification methodology. In prior years, "multi-infarct dementia" was coded to I63.9 (cerebral infarction, unspecified) and "vascular dementia" as I67.9 (cerebrovascular disease, unspecified). Beginning in 2005, "multi-infarct dementia" was assigned to code F01.1 and "vascular dementia" to F01.9. Therefore, certain deaths are no longer counted as forms of organic dementia, reducing the number and rate of deaths attributed to this cause following 2005.



More females than males died from cerebrovascular disease, and the male crude death rate was 25.3 percent lower than the rate for females (42.5 versus 56.9). While the age-adjusted rate for males was 9.5 percent higher than the rate for females (46.1 versus 42.1), the difference was not statistically significant. [Tables 6-46m and 6-46f].

Fatal cerebrovascular disease was uncommon before age 45, but by age 65 it was the fifth most common cause of death among Oregon residents. [Table 6-4]. Despite the frequency with which it occurred, it ranked 10th by years of potential life lost (2,448), a consequence of the older ages of decedents (compared to relatively younger ages at death for many other



causes). [Table 6-13]. Over three-fourths (76.7 percent) of the deaths occurred after age 74, and the median age at death remained unchanged from 2008 at 84.

During the three-year period 2007-2009, only Marion County had an age-adjusted death rate statistically significantly higher than the state rate (52.6 versus 44.7). No counties had a rate that was statistically significantly lower than the state rate in 2009.

The cerebrovascular disease death rate has long been higher in Oregon than in the U.S. as a whole. In 2008, the age-adjusted death rate was 7.6 percent higher than the nation's rate and ranked 17th among the states, including the District of Columbia.<sup>3</sup> [Table 6-54].

Intracerebral hemorrhages and cerebral infarctions are examples of two forms of cerebrovascular disease, but the more general term "stroke" appears most commonly on death certificates.

# **Unintentional injuries**

The unintentional injury<sup>6</sup> crude death rate decreased from 44.7 in 2008 (the highest rate since 1985) to 41.2 in 2009. [Table 6-3 and Figure 6-11]. Fatal unintentional injuries claimed the lives of 1,577 Oregonians, and contributed to the deaths of another 538 residents. The age-adjusted death rate decreased from 42.4 a year earlier to 38.8 in 2009. Unintentional injuries were the fifth leading cause of death of Oregonians.

A strong gender dichotomy exists in unintentional injury deaths. The crude death rate was higher for males than for females (50.1 versus 32.5). The disparity in age-adjusted death rates was even greater; the male rate was nearly twice the female rate: 50.6 versus 27.0. [Tables 6-46m and 6-46f].

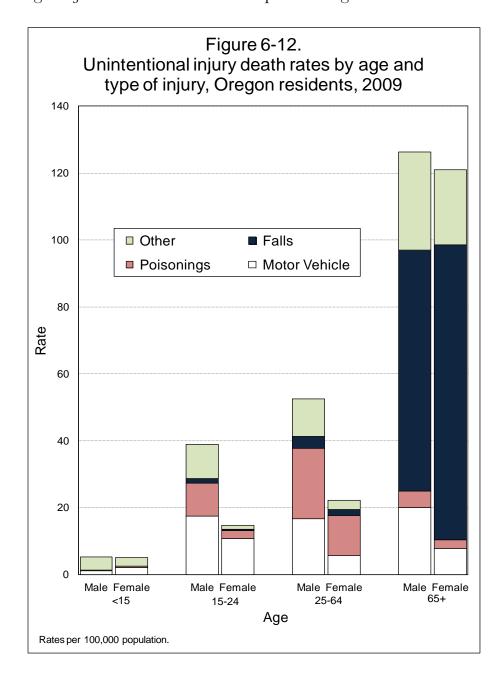
Unintentional injuries were the leading cause of death among children and adults ages 1-44 years. [Table 6-4]. While age-specific rates are relatively invariant from the mid-teens until middle age, the oldest age groups have a greatly increased unintentional injury death rate largely due to increased risk of falling. [Table 6-7t and Figure 6-12]. Although the fifth leading cause of death, unintentional injuries accounted for more years of potential life lost (23,856) than cancer (21,673), reflecting its role as the most common killer of young Oregonians. The median

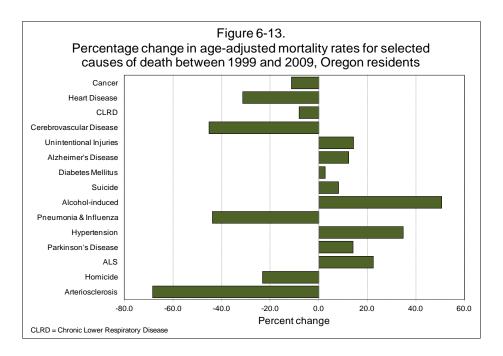


age at death increased from 54 in 2008 to 55 in 2009. By comparison, the median age at death in 1995 was 42.

Excluding counties with fewer than 20 deaths in the unintentional injury category during the 2007-2009 period, six counties had age-adjusted death rates statistically significantly higher than the state rate (40.9): Lake (99.5), Jefferson (82.1), Josephine (66.6), Baker (62.0), Douglas (54.1), and Lane (47.5). Two counties had significantly lower rates: Benton (26.2) and Washington (28.3).

During most of the past several decades, Oregon's unintentional injury death rate has, with few exceptions, been higher than that of the nation. In 2008, the state's age-adjusted death rate was 6.4 percent higher than





the U.S. rate and ranked 27th among the states and District of Columbia.<sup>3</sup>

Fifty-four work-related deaths occurred in Oregon in 2009 (including both Oregon and non-Oregon residents). The victims were overwhelmingly male (50 versus four females), with motor vehicle crashes accounting for most of the deaths. [Table 6-49].

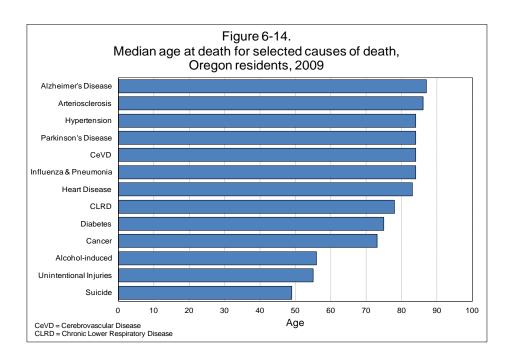
Just as the leading cause of death varies within different age groups, so does the type of fatal unintentional injury. [Figure 6-12]. Unintentional injury deaths occurring to children under five years of age most commonly resulted from suffocation. Transportation-related injuries were most common among decedents ages 5-24 and 55-64. Among those ages 25-54 poisoning (usually of drugs used in an illicit manner) was the most common cause of unintentional injury death. Oregonians 65 or older were most vulnerable to falls. [Table 6-26].

Falls. Falls were the most common type of fatal unintentional injury in 2009, claiming 470 Oregonians, most of whom (87.2%) were 65 or older. [Table 6-26]. Falls commonly occurred on the same level (61.5 percent), most often from slipping or tripping. Twenty-six involved stairs and steps, 22 involved falls from beds, and 11 involved wheelchairs. [Table 6-27]. The age-adjusted death rates for fatal falls revealed that the male rate was 18.4 percent higher than the female rate (11.6 versus 9.8). [Table 6-46m]

and Table 6-46f]. The age-adjusted death rate for falls has more than doubled since 1999, increasing from 5.3 per 100,000 population to 10.8 in 2009, a statistically significant trend.

**Transportation and related fatalities.** Transportationrelated injuries accounted for the second largest number of unintentional injury deaths (433) among Oregon residents, with motor vehicle accidents/crashes (MVAs/ MVCs) accounting for 83.8 percent of all transportation injury deaths. [Table 6-26]. Of the 363 MVAs, over twothirds (69.1 percent) occurred among males. The ageadjusted death rate for males was almost two and a half times higher than the rate for females (14.1 per 100,000 population versus 5.9). [Tables 6-46m and 6-46f]. Although teens and young adults ages 15-24 accounted for 19.3 percent of all transportation fatalities, age-specific death rates were highest among the elderly. In rank order, the MVA death rates were highest for residents ages 85+ (18.2), 75-84 (17.7), 15-24 (14.2), 35-44 (11.8), and 25-34 (11.4). [Table 6-7t].

In most motor vehicle land transport deaths occurring in Oregon, the fatalities occurred among persons traveling by car (130), unspecified vehicle (104), motorcycle (59), foot (56), or pickup or van (54). Less common were the deaths of those traveling by all-terrain vehicle (14), pedal cycle (10), heavy transport vehicle (5), and animal drawn vehicle (3). While 20.0 percent of all fatalities occurring among



persons in cars resulted from non-collisions (i.e., rollovers following loss of control), 37.0 percent of fatalities occurring among persons in pickups or vans involved non-collisions. [Table 6-28].

Overdoses and poisonings. Unintentional poisonings involving drugs/medications, most often by narcotics and hallucinogens, ranked third among the types of fatal unintentional injuries, claiming 394 Oregonians in 2009. The 2009 age-adjusted death rate for poisonings is 2.3 times higher than the age-adjusted rate in 1999 (10.1 in 2009 versus 4.4 in 1999), a statistically significant difference. As with most other types of unintentional injuries, age-adjusted poisoning death rates were far higher for males than females (13.3 versus 6.8). [Table 6-46m and Table 6-46f]. The death rate peaked among residents ages 45-54 (22.2 per 100,000). [Table 6-7t].

Although 394 deaths were attributed to this category, it alone does not account for all deaths resulting from overdoses/poisonings; depending on how the fatality was reported on the death certificate, a death could be attributed to an unintentional injury or to a mental/behavioral disorder (see the first footnote of Table 6-34).

**Suffocation or obstruction.** Ranking fourth, suffocation or obstruction (including hanging and strangulation) accounted for the deaths of 78 residents. [Table 6-26]. Of these 78 deaths, most (34, or 43.6 percent) involved inhalation or ingestion of objects or substances other than food or gastric contents. Oregonians age 85 and older accounted for the highest number of deaths (17, or 21.8 percent) and those ages 65 to 74 accounted for the second highest number of deaths (15, or 19.2 percent).

**Drownings.** Ranking fifth, drownings (including those involving watercraft) accounted for the deaths of 59 residents. [Table 6-26]. There were 62 drowning deaths that occurred in Oregon (including non-resident deaths), and of these deaths, drownings not involving watercraft were most common. Thirty-one deaths occurred in natural water. Thirteen deaths occurred in bathtubs/hot tubs and four occurred in swimming pools. Three deaths involved watercraft. [Table 6-31].

### Alzheimer's disease

Historically, the number of deaths from Alzheimer's disease has mirrored the aging of Oregon's population, but deaths from Alzheimer's disease have fluctuated little in recent years. The number of deaths decreased from a record high of 1,299 in 2008 to 1,212 in 2009. The crude death rate also decreased, from 34.3 per 100,000 in 2008 to 31.7 in 2009. The highest Alzheimer's disease death rate was seen in 2004 (35.3).

The age-adjusted death rate also decreased, from 30.5 in 2008 to 27.7 in 2009. While the age-adjusted death rate decreased in 2009, the rate is still trending upward. The 2009 age-adjusted rate is 72.0 percent higher than the 1990 rate (16.1). This is the largest increase seen among the top ten leading causes of death. Alzheimer's disease also contributed to the deaths of 324 residents (where it was not the underlying cause).

Women have long been at greater risk of dying from this disease, in part because they are less likely to die from causes that most commonly lead to death at younger ages. The age-adjusted death rate for women was 28.1 percent higher than that for men (30.1 versus 23.5). [Tables 6-46m and 6-46f]. Alzheimer's disease was the ninth leading cause of death among men but fifth among women. [Table 6-2].

This devastating disorder takes years to claim its victim's lives; 94.1 percent of Alzheimer's deaths in 2009 occurred after the decedent's 75th birthday. [Table 6-6]. The median age at death remained at a record high of 87 years in 2009. Alzheimer's disease was the sixth leading cause of death overall.

Excluding those with fewer than 20 deaths in this category, three counties had statistically significant higher ageadjusted death rates than the state (28.7) during the three-year period 2007-2009: Wasco (43.2), Clackamas (37.2), and Jackson (37.1). One county had significantly lower rates: Linn (22.3).

Oregonians have long been more likely to die from Alzheimer's disease than other U.S. residents. In 2008, the state's age-adjusted death rate was 20.5 percent higher than the nation's (29.4 and 24.4, respectively) and ranked 13th among the states and District of Columbia.<sup>3</sup> [Table 6-54].

Although deaths resulting from Alzheimer's disease and Alzheimer's dementia are counted here, deaths attributed to dementia, organic dementia, presenile dementia, multi-infarct dementia and vascular dementia are included in ICD-10 codes F01 (vascular dementia) and F03 (unspecified dementia).

Beginning in 2005, the National Center for Health Statistics changed the way certain types of dementia were classified, resulting in an increase in the number of deaths attributed to vascular dementia (F01) and a decline in the number of deaths counted in the cerebrovascular disease category (see Table 6-6, footnote 10, for additional information). During 2009, the deaths of 1,690 Oregonians were attributed under the rubric "organic dementia" (ICD codes F01 and F03). Together, organic dementia and Alzheimer's disease/dementia accounted for 2,902 deaths, surpassing the third leading cause of death, chronic lower respiratory disease (1,935).

### **Diabetes mellitus**

During 2009, diabetes mellitus was the seventh leading cause of mortality. Although the death rate for diabetes increased nearly every year during 1985-2001, it changed little during 2001-2004. Then, in 2005 the rate increased 4.0 percent over the 2004 rate to a high of 31.1 per 100,000 population. The rate has since decreased. While the rate in 2009 is slightly higher than the rate in 2008 (28.0 versus 27.2), it is still lower than the rate seen in 2001 (29.8). [Table

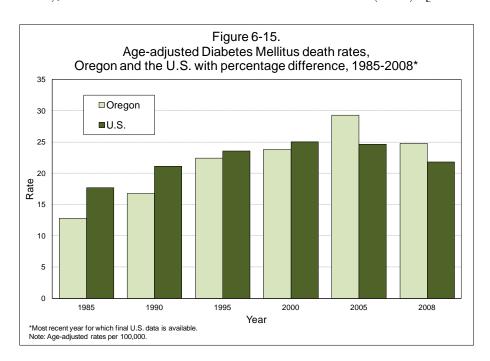


Table E - Diabetes death rates and state ranking						
Year	U.S.	Oregon				
1982	17.2	12.2				
Perce	nt difference	: -29.1				
F	Rank: Lowes	t				
2008	21.8	23.9				
Perce	nt difference	: +9.6				
Ra	nk: 17th high	est				

6-3]. The age-adjusted rate in 2009 (25.3) was 47.1 percent higher than the rate in 1990 (17.2) and 13.7 percent lower than 2005's record high (29.3). Diabetes was a contributing factor more often than it was the underlying cause of death, 2,545 versus 1,069.

The crude death rate for males was 10.2 percent higher than the rate for females (29.3 versus 26.6). [Table 6-2]. The difference between male and female rates was even greater when looking at age-adjusted rates. The age-adjusted death rate for males was 38.8 percent higher than the rate for females (29.7 versus 21.4). [Tables 6-46m and 6-46f].

The majority of deaths (87.5 percent) occurred after age 54. One Oregonian younger than 25 years old died from diabetes in 2009. It was the fourth leading cause of death among Oregonians ages 65-74. The median age at death remained unchanged at 75 and was one of the lower median ages recorded among the natural causes of death. [Table 6-15]. Diabetes resulted in a loss of 3,273 years of potential life.

During the three-year period 2007-2009, two counties had statistically significantly higher age-adjusted death rates compared to the state's (25.9): Klamath (44.5) and Marion (31.8). Excluding counties with fewer than 20 deaths in this category, two counties had significantly lower rates: Benton (16.3) and Jackson (20.7).

Prior to 1987, Oregon's age-adjusted diabetes death rate was consistently 25 percent to 30 percent lower than the nation's. The Oregon advantage gradually diminished thereafter, and in 1997, for the first time, Oregon's rate exceeded the U.S. In 2008, Oregon's age-adjusted rate was 9.6 percent higher than the U.S. rate, ranking 17th among the states and District of Columbia.<sup>3</sup>

### Suicide

Suicide claimed the lives of 640 Oregonians during 2009, increasing from 581 deaths in the previous year. The crude death rate increased slightly from 15.3 per 100,000 population in 2008 to 16.7 in 2009. [Table 6-3]. Oregon's highest suicide rate was recorded during 1998, at 17.5. The age-adjusted death rate was 16.1 during 2009, up from 14.7 the year before, but a 6.4 percent decrease compared to the record high of 17.2 in 1998. [Table 6-46t].

Males have long been at a far greater risk than females, with age-adjusted death rates of 24.8 and 7.9, respectively. [Tables 6-46m and 6-46f]. Gender-specific rate differences were greatest among the elderly. [Tables 6-7m, and 6-7f].

Overall, suicide rates peak among the elderly, but this masks a gender-based dichotomy: females were more likely to die by suicide in middle age where the crude rate peaked at 16.4 among 45- to 54-year-olds, while rates among males generally increased with age, with the highest crude rate (59.3) recorded among those over age 84. [Tables 6-7t, 6-7m and 6-7f]. Although suicide death rates are high among the elderly, nearly two-thirds (64.1%) of deaths occurred before

Table F - Number of times a male Oregonian was more likely to die by suicide than females, by age, 2005-2009					
5-14	3.2				
15-24	4.6				
25-34	4.2				
35-44	2.5				
45-54	2.6				
55-64	3.3				
65-74	5.7				
75-84	8.5				
85+	16.4				
•	•				

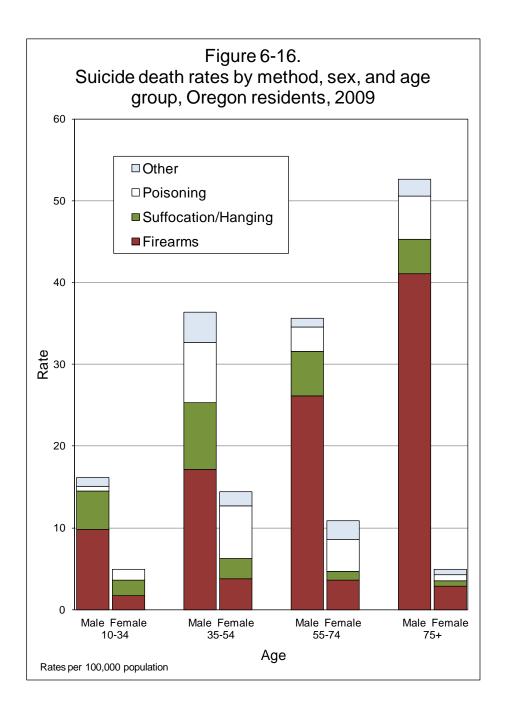


Table G - Suicide characteristics by region, 2009						
Age	Metro <sup>1</sup>	Coastal <sup>2</sup>	Other			
<25	8.1%	8.0%	10.4%			
25-64	82.5%	52.0%	70.6%			
65+	9.4%	40.0%	19.1%			
Method	Metro <sup>1</sup>	Coastal <sup>2</sup>	Other			
Firearm	42.6%	62.0%	58.6%			
Hanging/suff.	27.8%	14.0%	16.6%			
Poison	17.0%	22.0%	18.5%			
Other	12.6%	2.0%	6.3%			
4.44						

Metro counties: Clackamas, Multnomah, and Washington.
Coastal counties: Clatsop, Coos, Curry, Lincoln, and Tillamook

age 55, resulting in the third largest number of years of potential life lost (11,566) by cause. Suicide was the second-leading cause of death among residents ages 15-34, third among those ages 5-14 and 35-44, and fifth among those ages 45-54. The median age at death increased from 48 in 2008 to 49 in 2009. The youngest person to die by suicide was a 6-year-old female and the oldest a 93-year-old male.

Excluding counties with fewer than 20 deaths in this category, four Oregon counties had age-adjusted death rates that were statistically significantly higher than the state's rate (15.4) during the three-year period 2007-2009: Curry (30.9), Coos (25.0), Klamath (24.3), and Jackson (22.0). Only Washington County had a significantly lower rate (11.9).

Oregonians have long had higher suicide rates than residents of most other states. In 2008, Oregon's ageadjusted suicide rate was 24.1 percent higher than the nation's and ranked 14th among the states and District of Columbia.<sup>3</sup>

The method of suicide varied by age and gender, but overall most (53.3 percent) deaths resulted from fatal gunshot injuries. [Table 6-32 and Figure 6-16]. Firearms were the most common method of suicide for males (60.5 percent) and the second most common method for females (31.2 percent). Handguns were utilized in 64.2 percent of firearm suicides.

Hanging/suffocation was the second most common method of suicide (20.3 percent), with only a small difference in the proportion of males (20.5 percent) and females (19.7 percent) using this method.

Poisoning was the third most common method of suicide (18.3 percent). However, the proportion of females who poisoned themselves was three times that of males (36.9 versus 12.2 percent). Moreover, there was a difference by gender in the type of poison used: 91.4 percent of all poisoning deaths by females involved medications compared to 62.7 percent of the poisoning deaths among males.

#### Alcohol-induced deaths<sup>7</sup>

The alcohol-induced deaths category was created to summarize alcohol-related deaths, but excludes alcoholrelated injury deaths. It is not typically reported as a leading cause of death within the National Center for

Health Statistics leading causes of death taxonomy, but when alcohol conditions are combined it becomes the ninth leading cause of death in Oregon. This category is comprised of alcohol-related disorders from multiple organ systems, with alcoholic liver disease accounting for the greatest number of deaths (64.3 percent). If intentional and unintentional injury deaths where alcohol was a factor (e.g., motor vehicle crashes and homicides) were included in this category, the count would be considerably higher. The role, if any, of alcohol in injury deaths is rarely reported on death certificates.

Oregon's 2008 ageadjusted alcoholinduced death rate was the 5th highest nationally.

Alcohol induced deaths claimed 571 Oregonians during 2009. Additionally, alcohol was a contributing factor, but not the direct cause, in no fewer than 510 deaths. [Table 6-50]. The crude death rate increased slightly to 14.9 per 100,000 population during 2009 (from 14.2 in 2008), and the age-adjusted death rate also increased from 12.9 in 2008 to 13.4 in 2009. [Table 6-46t].

Fatal alcohol abuse was the eighth leading cause of death among men and 11th leading cause among women, but the difference is greater than this would suggest: the age-adjusted death rate for males was 2.7 times the rate for females, 19.8 versus 7.4, respectively. [Tables 6-46m and 6-46f].

Age specific alcohol induced death rates peak among residents ages 65-74. [Table 6-7t and Figure 6-17]. This

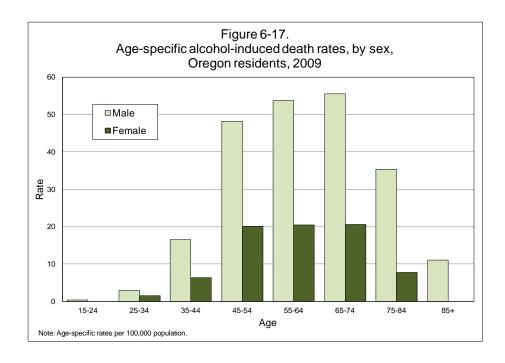


Table H - Alcohol-induced deaths by diagnoses, 2009				
Diagnosis	Count			
Alcoholic liver disease	367			
Mental/behavioral disorders	148			
Accidental poisoning	32			
Cardiomyopathy	15			
Chronic pancreatitis	3			
Degeneration of nervous system	2			
Suicide by alcohol poisoning	2			
Polyneuropathy	1			
Gastritis	1			

category was the fourth leading cause of death among residents ages 45-54 years and the fifth leading cause of death among those ages 35-44 and 55-64 years. The median age at death remained unchanged from the previous year at 56. Oregonians are dying at markedly younger ages than they were in 1988 when the median age of alcohol-induced death was 62. In 2009, alcohol-induced death was the sixth leading cause of premature death, accounting for 5,660 years of potential life lost.

During the period 2007-2009, six counties had age-adjusted rates statistically significantly higher than the state's rate (13.2), excluding counties with fewer than 20 deaths in this category: Jefferson (38.0), Klamath (26.0), Crook (24.5), Coos (23.3), Lincoln (21.1), and Josephine (20.3). Rates were significantly below the state rate in two counties: Washington (7.8) and Clackamas (9.1).

The Oregon alcohol-induced death rate has long been higher than that for the United States. In 2008, Oregon's age-adjusted rate was 74.0 percent higher than the nation's and ranked fifth among the states and the District of Columbia.<sup>3</sup> However, at least part of the difference between the state and the nation likely results from a reporting artifact: while Oregon queries physicians for additional information when causes listed on death certificates are suggestive of alcohol use, such as esophageal varices, many states do not.

# Influenza and pneumonia

During 2009, influenza/pneumonia claimed 509 Oregonians, down from 519 a year earlier. The crude death rate decreased from 13.7 per 100,000 population in 2008 to 13.3 in 2009. In addition, the age-adjusted rate decreased slightly from 12.3 to 12.0, but the decrease was not statistically significant. Influenza and pneumonia contributed to two-and-a-half times as many deaths as they directly caused: 1285.

Although more women than men died from these two infectious diseases in 2009 (263 versus 246), age-adjusted death rates revealed that males were still at greater risk (13.8 per 100,000 population versus 10.5). [Tables 6-46m and 6-46f]. These two related types of pulmonary infections claimed Oregonians in every age group, but 66.2 percent of

Oregon's 2008 ageadjusted influenza and pneumonia death rate was the 4th lowest nationally.

the deaths occurred after age 74. The median age at death decreased from 85 to 83.

During the three-year period of 2007-2009, age-adjusted death rates were statistically significantly higher than the state's rate (11.9) in two counties: Wasco (21.8) and Union (21.3). Only Washington County had a significantly lower rate (8.0).

In recent years, Oregon's age-adjusted death rate for influenza and pneumonia has been markedly lower than the rates for most other states. In 2008, Oregon's age-adjusted death rate was 29.6 percent lower than the nation's and ranked 48th (fourth lowest) among the states, including the District of Columbia.<sup>3</sup> [Table 6-54].

In 1918, influenza spread across America in less than a week and around the world in three months. The pandemic persisted into 1919, with influenza the leading cause of death in Oregon during both years. In 1918 alone, the pandemic claimed the lives of 2,105 Oregonians at a time when Oregon's population was much smaller than it is today.

# **Hypertension**

During 2009, 424 Oregonians died as a consequence of hypertension (including hypertensive renal disease), making it the 11th leading cause of death. However, the number of deaths attributed to hypertension does not include all deaths related to this cause because many have been classified to more specific manifestations of cardiovascular disease. The crude death rate increased from 10.7 in 2008 to a record high of 11.1 in 2009, which is more than double the 1990 rate of 5.0. [Table 6-3]. The 2009 age-adjusted death rate remained at 9.5, unchanged from the rate in 2008. The highest age-adjusted rate was in 2005 (10.6).

The crude death rate for females was higher than the rate for males (13.3 versus 8.9). The age-adjusted death rate for females was slightly higher than the rate for males (9.3 versus 9.2).

Deaths from hypertension are rare among middle-aged and younger Oregonians, but by age 65 begin to increase sharply. Age-specific death rates are 14.5 times higher among residents 85 or older compared to those ages 65-74 (273.2 versus 18.8).

Oregon's 2008 ageadjusted hypertension death rate was 7th highest nationally. During the three-year period of 2007-2009, age-adjusted death rates were statistically significantly higher than the state's rate (9.2) in two counties: Umatilla (15.0) and Lane (11.7). Excluding counties with fewer than 20 deaths in this category, no counties had a death rate statistically significantly lower than the state's rate.

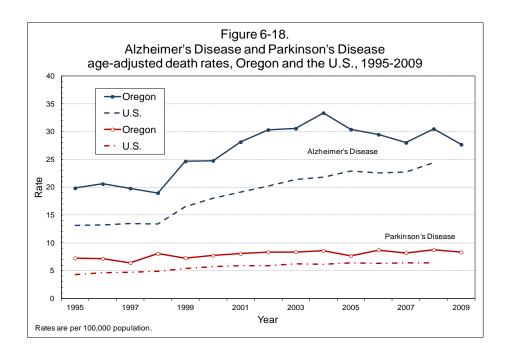
Oregon's age-adjusted hypertension death rate was markedly lower than the U.S. rate through 1985, but since then that relationship has reversed. In 2008, Oregon's age-adjusted hypertension death rate was 19.5 percent higher than the U.S. rate (9.2 versus 7.7) and ranked 7th nationally.<sup>3</sup> [Table 6-54].

#### Parkinson's disease

Ranking 13th among the leading causes of death during 2009, Parkinson's disease claimed 344 Oregon residents. The crude death rate decreased to 9.0 per 100,000 population in 2009 from 9.3 in 2008. The age-adjusted death rate decreased to 8.3 in 2009 from 8.7 in 2008. While the mortality rates for many causes have fallen in recent decades, the rate for this neurological disorder continues to trend upward, despite any short-term decreases. [Table 6-3]. The age-adjusted Parkinson's death rate for males was more than three times that of females (14.0 versus 4.5). [Tables 6-46m and 6-46f].

Parkinson's disease almost exclusively claims persons 55 or older. [Table 6-6]. The median age at death has fluctuated

Oregon's 2008 ageadjusted Parkinson's Disease death rate was the 2nd highest nationally.



little during the previous decade, ranging between 82 and 84. This year the median age of death increased from 83 in 2008 to 84.

During 2007-2009, there were no counties with age-adjusted rates significantly higher than the state rate (8.4). Deschutes, with a rate of 4.7, was the only county with at least 20 deaths that had a rate statistically significantly lower than the state rate.

Oregon's age-adjusted Parkinson's disease death rate has long been higher than the nation's, as have two other neurological disorders: Alzheimer's disease and amyotrophic lateral sclerosis. [Table 6-54, Figure 6-18]. During 2008, Oregon's age-adjusted death rate was 31.3 percent higher than the U.S. rate and ranked second among the states and District of Columbia.<sup>3</sup>

### **Homicide**

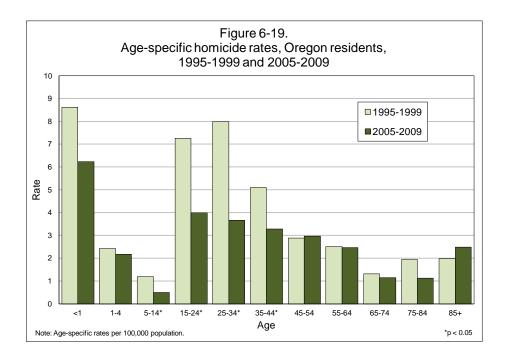
Oregon's homicide rate increased from 2.6 per 100,000 population in 2008 to 2.7 in 2009. [Table 6-3]. With 102 victims, homicide was the 20th leading cause of death during 2009. Only Multnomah and Washington counties had more than 10 residents die from homicide in 2009. [Table 6-35].

Every year, more males than females are murdered, and 2009 was no exception. The male age-adjusted death rate decreased to 3.3 in 2009 from 4.1 in 2008. The female age-adjusted rate was 1.9 in 2009, an increase from 2008's record low of 1.1. The age-adjusted rate for both genders was 2.6, unchanged from the previous year. [Tables 6-46t, 6-46m and 6-46f].

By age, infants had higher homicide death rates than Oregonians in any other age group. During 2005-2009, their homicide rate was 6.2 per 100,000 population compared to 4.0 for 15- to 24-year-olds, the age group with the second highest crude homicide death rate (rates based on multiple years yield more representative values than those based on the relatively small numbers recorded for any single year). Children between the ages of 5 to 14 and adults ages 75 to 84 had the lowest homicide death rates. The median age at death for homicide victims in 2009 was 40 years, a record high, and five years of age higher than the previous year. However, homicide continues to have the lowest median age at death among the leading causes

Table I - Five leading methods of homicide, 2009					
Method	Count				
Firearms	55				
Sharp objects	21				
Suffocation	4				
Neglect & maltreatment	2				
Drowning/submersion	2				

Oregon's 2008 ageadjusted homicide death rate was the 8th lowest nationally.



(except for causes associated with infancy). With 2,713 years of potential life lost, homicide was the ninth leading cause of premature death. During the period 2007-2009, no counties had homicide rates statically significantly higher or lower than the state rate (2.4), excluding counties with fewer than 20 deaths in this category.

Historically, Oregon's homicide death rate has been markedly lower than the nation's. During 2008, the state's rate was 54.2 percent lower and ranked 39th among 48 states including the District of Columbia (states with unreliable rates excluded).<sup>3</sup> [Table 6-54].

Firearms were the most common implement of homicide, accounting for 55 (53.9%) homicide deaths in 2009.

#### AIDS/HIV

After peaking at 360 deaths in 1995, the number of AIDS/HIV deaths has declined. In 2009, the number of deaths increased from 39 in 2008 to 46. The age-adjusted death rate has also greatly decreased since 1995, from 11.5 per 100,000 population to the second lowest rate on record (1.1) in 2009.

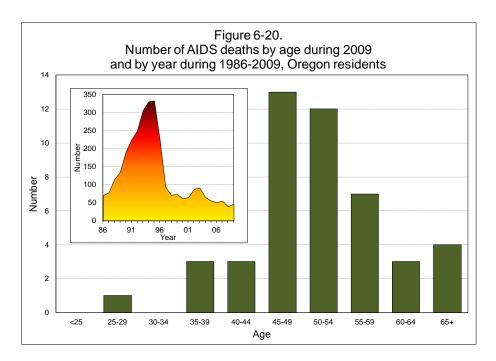
In 2009, AIDS/HIV was the 26th leading cause of death among Oregonians. There is a large dichotomy by sex when looking at risk of death from AIDS/HIV. The male ageadjusted rate during the five-year period 2005-2009 was 7.7 times higher than the female rate (2.3 and 0.3, respectively).

Oregon's 2008 ageadjusted HIV/AIDS death rate was the 4th lowest nationally.

(Rates based on multiple years yield more representative values than those based on the relatively small numbers of females recorded for any single year).

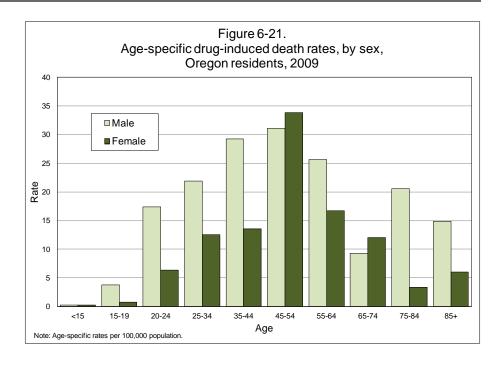
Unlike most causes of death, AIDS/HIV most often claims middle-aged adults. [Figure 6-20]. Age-specific death rates rose sharply in early adulthood with the highest rate among those ages 45-54 (4.6) and the second highest among those ages 55-64 (2.1). These rates are driven largely by deaths among males. [Tables 6-7t, 6-7m, and 6-7f]. The youngest person to die from this disease was a 25-year-old female and the oldest a 77-year-old female. The median age at death has gradually increased since at least 1995 when the median age at death for AIDS/HIV was 40 years; it is currently 51 years, five years more than that recorded in 2008. [Table 6-15]. The years of potential life lost were 640 years. [Table 6-13].

Oregon's AIDS/HIV age-adjusted death rate has long been lower than the nation's and in 2008 was 69.7 percent lower than the national rate, ranking 36th (fourth lowest) among 39 states including the District of Columbia (states with unreliable data excluded).<sup>3</sup> [Table 6-54].



# **Drug-induced deaths**

During 2009, more deaths were attributed to drug-related causes compared to those attributed to alcohol, 574 versus 571. Because of a considerable overlap between the drug-



induced death category and other cause of death categories, it is not counted among the leading causes of death. Nevertheless, with a crude death rate of 15.0 per 100,000 population, drugs/poisonings represented a significant cause of mortality among Oregonians. The drug-induced death rate has trended up during recent years, with the rate in 2006 (15.7) representing the record high.

Males were more likely to die from drug-induced causes than females. Their age-adjusted death rate was 17.5 per 100,000 population compared to 11.5 for females. More than half of all drug-induced deaths (50.3 percent) occurred among residents ages 35-54.

During the period 2007-2009, three counties had age-adjusted rates statistically significantly higher than the state rate (14.4): Multnomah (20.7), Josephine (22.0), and Lane (18.6). Excluding counties with fewer than 20 deaths in this category, only Washington County (8.4) had a rate significantly lower than the state rate.

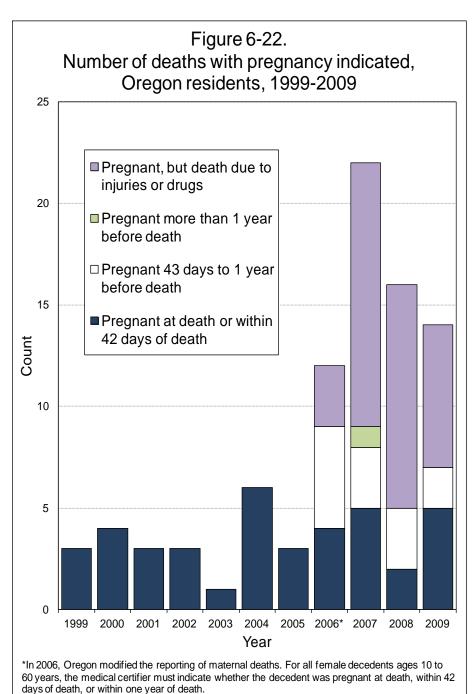
This category includes ICD codes included in other cause of death rubrics, with the majority of deaths categorized as mental disorders, unintentional injuries, and suicide.

#### Maternal deaths

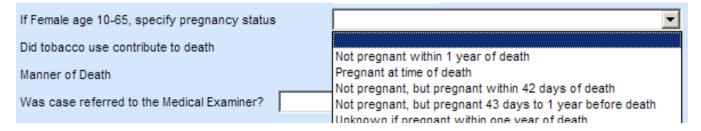
Before 2006 the category for maternal death (ICD10 codes O00-O99) included only those deaths where the female was either pregnant at the time of death or pregnant within 42

days before death. In addition, for every death of a female between 17 and 44 attributable to such causes as infections, cerebrovascular disease, digestive diseases or ill-defined unknown causes, the Center for Health Statistics would recontact the physician and ask if the woman was pregnant at the time of death or within 42 days prior to death. Typically this querying process might yield one additional maternal death record. However, the types of records queried were small in number.

Beginning in 2006, Oregon modified the reporting of maternal deaths by adding a new item to the death



certificate. An item-specific box was added under the section for causes of death. For all female decedents between ten and 60 years of age, the medical certifier must now indicate if the decedent was pregnant at death, pregnant within 42 days of death, or pregnant within one year of death.



As shown in Figure 6-22, the addition of this question has increased the count of maternal deaths in 2009 from five deaths using the old method to seven using the new method.

#### Male veteran deaths

In 2009, there were 9,315 veteran deaths. Of these, 371 were women and 8,944 were men. Due to the small number of female veterans in Oregon, the terms "non-veterans" and "veterans" refer only to males, age 18 and older throughout this section of the report. Table 6-22 contains cause of death information for veterans versus non-veterans. Male veteran population figures for rate calculation were obtained from the United States Department of Veteran Affairs, VetPop 2009 State Data Tables and are shown in Appendix A, Table A-3.

The death rate for veterans in 2009 was nearly five times higher than the rate for non-veterans (2,841.2 per 100,000 population versus 571.9). However, much of this difference is due to the larger number of veterans in the older age groups. In the youngest age groups (18 to 34 years and 35 to 54 years), the ratios of veteran deaths to non-veteran deaths are 1:18 and 1:4, respectively. The ratio of veteran deaths to non-veteran deaths in the 55 to 74 year age group is nearly 1:1 (with slightly more veteran deaths than non-veteran deaths). In the oldest age group (age 75 and older), veteran deaths outnumber non-veteran deaths by a ratio of nearly 3:1. [Table 6-22].

The age-specific death rates were statistically significantly higher for veterans than for non-veterans in two of the age groups shown in Table 6-22: age 35 to 54 (477.9 versus 317.4) and age 55 to 74 (1,809.0 versus 1145.1). The rates

were not statistically significantly different for veterans age 18 to 34 or those age 75 and older.

The top two causes of both veteran and non-veteran deaths in 2009 were cancer and heart disease. The third most often cited cause of death for veterans was Chronic Lower Respiratory Disease (CLRD). For non-veterans the third most cited cause was unintentional injuries [Table 6-22]. Because there are more veteran deaths than non-veteran deaths in the oldest age group, veteran death rates for causes seen primarily in older persons tend to be higher for veterans than for non-veterans (for instance, CLRD).

Suicide is the fourth leading cause of death for non-veterans and the tenth leading cause of death for veterans. The percentage of veteran deaths attributed to suicide is lower than the same for nonveterans (1.5% versus 5.1%). However, this masks an overall veteran suicide rate that was 1.5 times higher than that for non-veterans (42.9 versus 29.1). The suicide rate for veterans is higher than the rate for non-veterans in all age groups. The difference in rates is greatest among those ages 18 to 34 where the veteran suicide rate is 1.7 times higher than the rate for non-veterans (36.6 versus 21.3). [Table 6-22].

# Deaths due to military operations

The Oregon vital statistics data files do not include deaths of Oregon residents who died in military operations outside the United States. Death records of military personnel are registered with the U.S. Department of Defense and are not forwarded to the decedent's state of residence. However, these deaths (with the decedent's name, date of death, home city, age, and sex) are posted weekly on the Department of Defense's website (see source in table). They are presented here in tabular form for Oregon residents for 2002-2009. In 2009, five Oregon resident deaths were due to military operations.

County	2002	2003	2004	2005	2006	2007	2008	2009	Characteris	stics
Benton	-	1	1	-	-	2	-	-	Sex	
Clackamas	-	-	-	-	3	1	-	1	Male	88
Clatsop	-	-	1	-	-	1	-	-	Female	1
Columbia	-	-	-	-	-	1	-	-	Total	89
Coos	1	-	-	-	-	2	1	-		
Deschutes	-	-	-	-	1	1	2	-		
Douglas	-	-	-	2	1	-	1	1		
Hood River	-	-	-	-	1	-	-	-		
Jackson	-	-	-	1	-	1	1	-	Age	
Jefferson	-	-	-	-	1	-	-	-	<20	4
Josephine	-	-	-	-	-	1	-	-	20-24	4
Klamath	-	-	2	-	-	1	-	-	25-29	19
Lane	-	-	-	-	-	1	1	-	30+	19
Lincoln	-	-	1	1	-	2	-	-	Total	89
Linn	-	-	2	2	-	-	1	-		
Malheur	-	-	-	-	-	1	-	-		
Marion	-	-	-	-	2	1	-	-		
Multnomah	-	3	6	3	3	1	-	-		
Polk	-	1	1	-	-	1	-	1	Race	
Umatilla	-	1	1	2	-	-	-	-	White	75
Union	-	-	-	1	-	-	-	-	Black	1
Wasco	-	-	-	-	1	-	-	-	Hawaiian	2
Washington	-	1	4	-	2	2	1	1	Asian	2
Yamhill	-	-	-	1	-	-	-	-	Hispanic	8
N.S.		-		1	-	-	-	1	Multiple	1
Total	1	7	19	14	15	20	8	5	Total	89

## **Endnotes**

- 1. State vital records offices within the United States maintain an interstate exchange agreement such that when a resident of a state dies outside of his or her home state, a copy of the death certificate, or electronic equivalent, is provided to the vital records office of the decedent's residence state. This exchange is highly dependent on the forwarding state of death's capacity to provide those files to Oregon.
- 2. The rates were electronically compared back to 1990 death files.
- 3. These data are from the federal Centers for Disease Control and Prevention's (CDC) WONDER online database (http://wonder.cdc.gov/mortSQL.html). The most recent year for which final mortality data are available was 2008 at the time of compilation of this report. Oregon mortality data from the WONDER database may vary slightly from Oregon data presented elsewhere within this annual report due to different file closure dates, different population estimate

methodologies, out-of-state reporting by other states to CDC/NCHS and incorporation of Oregon's physician query results.

- 4. Periodically, the International Classification of Disease manual is revised. The 10th revision was implemented in 1999 resulting in: considerably greater detail for some causes (and less detail for others); shifts of inclusion in terms and titles from one category, section, or chapter to another; regrouping of diseases; new titles in sections; and, modification of the coding rules. As a result, serious breaks occurred in the comparability for a number of causes of death. Readers wishing to compare death rates (and/or number of deaths) for 1999 and subsequent years to prior years should use the final comparability ratios described in Appendix B. Final comparability ratios have been applied to data in tables 6-3, 6-13, 6-15, 6-50, and 6-54.
- 5. Statewide records of cause of death were first collected in 1908.
- 6. "Unintentional injuries" is preferred to the term "accidents" by the public health community.
- 7. Neither chronic liver disease and cirrhosis nor nephritis were discussed as leading causes in the narrative section, although they would be ranked as the 10th and 12th leading causes of death under the NCHS rubric. Most of these deaths were counted under alcoholinduced deaths in the narrative section.
- 8. Male veteran population estimates for calculating crude death rates were obtained from the United States Department of Veteran Affairs, VetPop 2009 State Data Tables: http://www1.va.gov/VETDATA/docs/Demographics/1l.xls. Accessed on April 2, 2012.