

CLEAN HANDS SAVE LIVES... A TRUE STORY

Everything in my life was going great. I had a good job as a manager of a restaurant. And I was as healthy as I ever had been.

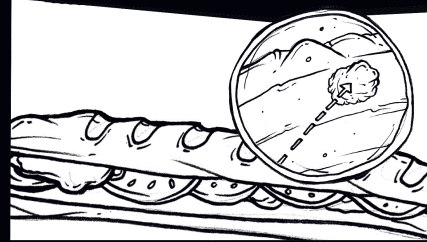
Or so I thought...



I took a quick bathroom break and only spent a few seconds washing my hands. Without knowing it, I didn't wash all the viruses off of my hands.



I rushed back to the counter and immediately started making sandwiches for a long line of customers.



I was spreading a virus I didn't even know I had onto the sandwiches.



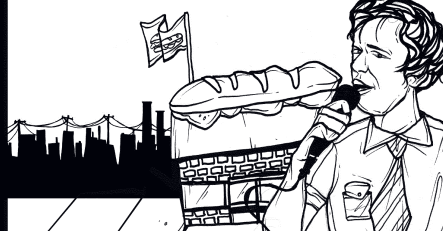
I remember the day everything changed. The restaurant was really busy and I was doing everything in a hurry.



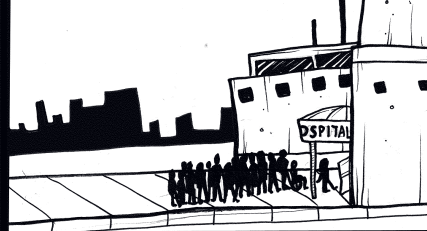
Three weeks later, I began to feel the symptoms of my virus. I was nauseous, had a fever and my skin was turning yellow. Something was seriously wrong...



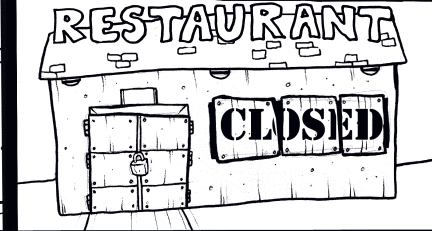
I went to the doctor and was diagnosed with bad news. I had Hepatitis A.



When the public health officials found out about it, they advised everyone who had eaten at the restaurant during the time I worked to get a Hepatitis A shot.



53 people who had eaten at the restaurant were already sick. 1,700 people had to get the shot. And on top of that, many of them got mad and sued the restaurant. The story was on the news all the time.



As a result, the restaurant closed down. I don't know if it has ever opened back up. Ever since that horrible experience, I make sure to wash my hands for at least 20 seconds after going to the bathroom. Learn from my story: it can save you everything.