

INSIGHT

INSIGHT IS A WORKBOOK BASED INTERVENTION TOOL

for youth who misuse fire or have been identified as being at risk for unsafe fire behavior. This tool works to increase fire safety, build empathy, and encourage accountability.

Insight Red

is intended for youth ages 13 through 17.

Insight Blue is intended for youth ages 8 through 12.



Insight Yellow is a guide for parents.



INSIGHT FAQ

WHO SHOULD PARTICIPATE IN THE INSIGHT PROGRAM?

Any youth who have a history of or are at risk for fire misuse.

WHO SHOULD FACILITATE THE INSIGHT PROGRAM?

Any professional with experience in education or behavior intervention with youth.

CAN I USE THESE WORKBOOKS IN A GROUP?

Yes. This program has been tested in a variety of settings and is intended to be a flexible tool.

CAN I JUST GIVE A YOUTH THE WORKBOOK & ASK THEM TO COMPLETE IT ON THEIR OWN?

These workbooks are intended to spark dialogue and be interactive for a youth and their facilitator. While there are sections that youth can complete independently, it is encouraged that the information be presented in either a one-on-one setting or with a group.

DOES THIS WORKBOOK REPLACE THE OREGON JUVENILE WITH FIRE SCREENING TOOL?

No. Insight is an intervention tool, while the screening tool is intended for information gathering. These workbooks should follow an initial intake session or screening. If further assessment is identified, a referral to a mental health professional should be considered.

HOW DO I GET INSIGHT WORKBOOKS IF I NEED THEM?

The Oregon Office of State Fire Marshal will provide printed workbooks to your agency, free of charge. Workbooks can be requested through emailing osfmce@osp.oregon.gov.

Oregon State Police
OFFICE OF STATE FIRE MARSHAL
503-934-8228

oregon.gov/osp/sfm | osfmce@osp.oregon.gov
fb.com/OregonStateFireMarshal